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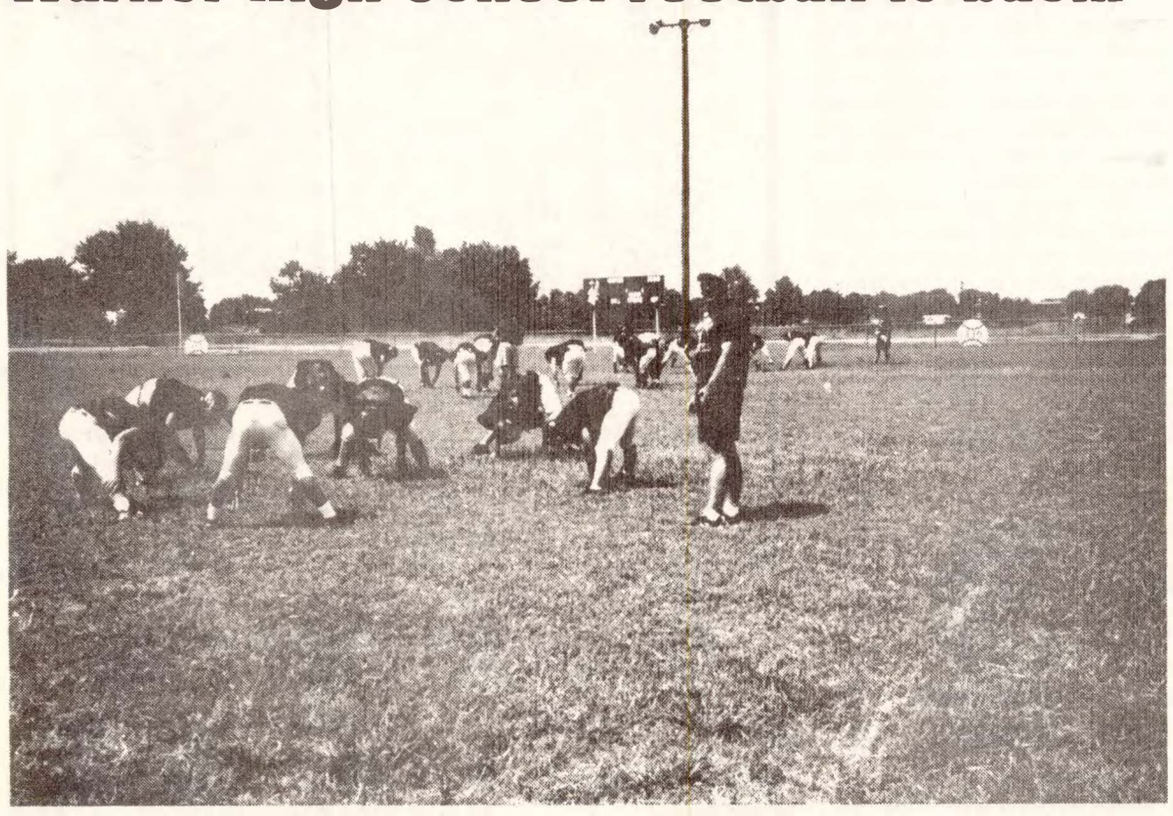
Warner High School Football is back!



Despite a 102 degree reading on the bank clock, serious practice has started for the Warner High School Football Team. Last Friday, the team donned full pads for the first time and started contact drills. Good luck to Coach Spangler and the Eagles. (Photograph by Gary Head)

Sinyard defense continues to audit concerns

By Staff Writer Gary Head

(Writer's note: this is a continuation of embattled Muskogee County Cliff Sinyard's request for a fair hearing of his side of the recent controversy. The FIVE STAR NEWS previously agreed to provide the forum.)

One of the first concerns expressed by the Auditor was that the Sheriff does not submit monthly reports to the County Clerk or reconcile the financial reports with the Treasurer

Sinyard: Sheriff's Department employees were never advised that a written monthly report of earned revenues is to be furnished to the County Clerk and the Board of County Commissioners. In the future, this written report will be furnished in accordance with the Auditor's recommendation.

A staff member was hired in January who has a background in record keeping. This employee is working toward placing the records on computer to make reporting and reconciling easier and quicker.

The second concern expressed by the Auditor was that office payroll and other expenditures are being paid out of unallowable funds including Federal grants. Sinyard: The fund from which "unallowable expenditures" were made is the 1998 and 1999 COPS grant fund. Six full time and one part time employees were hired in accordance with COPS specifications. They were paid out of other funds prior to federal reimbursement to the COPS fund. The payment of other officers out of this fund was in fact reimbursement to the regular payroll account. In the future, the Sheriff's Department will pay grant officers only out of grant funds regardless of the inconvenience caused in order to eliminate misinterpretation.

As a matter of record I believe that April of 2000 was the only month that this happened. While preparing payroll for that month, in determining where the funds would come from, upon advice from the County Clerk's office, the money was taken from the MCCD/2 account to pay the 16 employees. This was confirmed when the Board of County Commissioners signed the purchase order indicating that it should be paid.

A third concern of the Auditor was that six employees were hired in May, 2000 without being properly processed and signed up.

Sinyard: I agree. To my knowledge, this was the only time that this has occurred. There are reasons for this slip up. One is, that staff was jammed up in an intense effort to rehire employees that we had lost, or lose a federal contract for housing inmates. This would have caused the loss of approximately $ 400,000 yearly in revenue. Secondly, the staff member responsible for this process lost her brother in the middle of the rehiring. This staff member was not informed that the new employees had not completed the necessary paperwork when she returned to duty. A new policy is in place to prevent this from happening again.

Anglers to compete in tourney

Several hundred of the region's top weekend anglers will visit Webbers Falls Reservoir August 19 for the fourth of five events in the Red Man Tournament Trail's Okie Division.

Contestants will compete in two divisions - boater and co-angler - for a share of approximately $32,400. The winning boater will pocket up to $6,000, and the winning co-angler will take home up to $3,000.

Big bass in each division is worth up to $1,000 and $500 respectively.

The change to a boater/co-angler format is reminiscent of the lucrative Wal-Mart FLW Tour and other pro/am style events, which have grown increasingly popular with bass fishing enthusiasts. Under the old Red Man format, anglers shared equal time at the front of the boat, picking fishing locations and running the trolling motor. Now, boaters will fish from the front of the boat while co-anglers cast from the back seat.

Brian Sayner, vice president of communications for Operation Bass Inc., the organization that conducts the Red Man Tournament Trail, says, "The changes were brought about to help open tournament fishing to even more anglers by eliminating the intimidation factor.

"We found that many people who enjoy bass fishing do not compete because they feel their skills aren't up to par, or they do not want the responsibility of operating another person's boat. The new format alleviates these concerns."

As part of the move to open the nation's largest bass fishing series to even more anglers, the Red Man Tournament Trail will hold four one-day tournaments and a two-day Super Tournament in each of its 22 divisions nationwide. Each Super Tournament features a purse of approximately $64,800, with $12,000 going to the winning boater and $6,000 going to the winning co-angler, based on full fields.

The August 19 weigh-in will take place at Three Forks Landing in Muskogee at 3 p.m. The division's final event, a two-day Super Tournament, will take place September 30 - October 1 on Grand Lake.

Operation Bass was founded in 1979 on the principle that working anglers should be able to fish competitively without interfering with jobs and family. The trail's championship event, the Red Man All-American, awards $100,000 to the winning boater and $50,000 to the winning co-angler. Overall, more than $5.7 million could be awarded in 2000.

Red Man became the trail's title sponsor in 1983. Wal-Mart recently announced that it has assumed the title sponsorship of the tournament series for 2001 and will rename it the Wal-Mart Bass Fishing League.

Haskell County man caught napping in boat: Bad result

By Staff Writer Gary Head

Brian Woodruff was found early on a Sunday afternoon recently by members of the Oklahoma Lake Patrol and Haskell County Sheriff's deputies after they received a report of a possible boating accident near the dam on Lake Eufaula. Woodruff told officials he had been out in the boat a couple of days.

Woodruff, of Lequire, was asleep when found in his boat. Law enforcement officers also found 36 grams of methamphetamines after towing his bass boat to shore. The meth was wrapped in foil in a woman's purse.

Glenda Hodges, also known as Glenda Cole or Broyles, of Stigler later claimed ownership of the purse. Cole had apparently swam to shore to seek help and was found, clad in a bikini, at a residence in the Brooken area, according to Haskell County Undersheriff Gerald Morris.

Morris says a search warrant of Woodruff's home was conducted Monday morning and the makings of a homemade crank operation were discovered.

Morris said that the presence of red phosphorous was found as well as iodine and pseudoephedrine, a common cold tablet used in making methamphetamines. The process of separating the ephedrine from the cold capsules was in actual progress at the time of the search, Morris added. He said residue was also detected, allegedly from a previous batch.

Morris said due to the large quantity of drugs recovered, they anticipated the filing of drug trafficking charges.

Woodruff and Cole were each booked into the Haskell County Jail on $150,000 bond.

Clifford, AKA Larry Oats, is shown here with the S.T.A.R. task force getting ready for a day of fun. Their mission was to welcome elementary students back to school and present the students with books provided by Volunteers of America RSVP program members. Assisting are: Daphne Baeza, Sharla Jackson, Kim Yandell and Dee LeMasters. (Photograph by Gary Head)

Tips on making your vote count

Polls will be open from 7 a.m. to 7 p.m. on Tuesday, August 22, for the Statewide Primary Election. Kenneth Blackburn, Secretary of the Muskogee County Election Board, offered voters some tips on how to make their votes count.

Blackburn said that a valid marking - a filled in arrow - is shown on posters at the polling place and inside the voting booths. If voters make mistakes marking their ballots, Blackburn said they should not try to correct these errors. Instead, voters should return the spoiled ballot to the Precinct Officials, who will destroy it and issue a new ballot to the voter.

Blackburn also urges voters to take their Voter Identification Cards to the polls with them. "That Voter Identification Card is like an insurance policy." Blackburn said. "If we in the election system have made any errors, you can vote on the strength of that Voter ID Card." Blackburn went on to say that the voter identification card must show the voter to be registered in the precinct, and that the voter must fill out a voter registration application form, sign an affidavit, and turn in the voter identification card. "After the election, we will mail the person a new voter card."

Blackburn said that voters who want to be processed quickly should vote during mid-morning or mid-afternoon, as those are the two slowest periods for voting during the day.

"Anyone who is eligible and at the polling place at 7 p.m. on Tuesday will be entitled to vote," he added.

Football in Porum?

By Staff Writer Gary Head

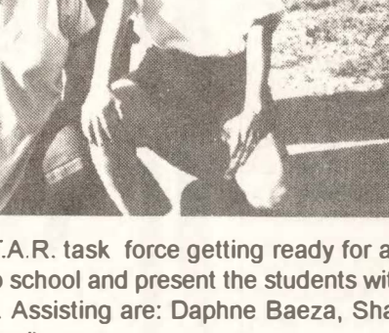
Finally, at last, high school football comes to Porum. The football program began in the junior high, in order to provide some experience and pre-training for the high school team. The coach, Brad Matlock says that it is rare that the freshman and sophomores have more experience than the juniors and seniors.

Matlock, a former assistant coach at Tahlequah High School, says that being a head coach requires adjustment on the part of the coach also. He is starting a weight program along with regular practice. Coach Matlock was instrumental in making Tahlequah a passing team and hopes in the future to do the same for Porum.

One of the many things the coach is trying to do is to drum up support for the program and to make sure that he has a full roster of players. Forum is already ranked above Okayin District B-4 and practice has just begun. Matlock says that the season's half way mark will tell the tale for this year's football team.

Warner athlete to play ball in Australia and New Zealand

By Staff Writer Gary Head



Rachel Ashmore, a Senior at Warner High School, will be going to New Zealand and Australia August 4 through 18 to play softball for People to People Sports Ambassadors. Rachel pitches and plays first base for the Warner Lady Eagles fast pitch softball team.

The overseas team, the Scorpions, will be made up of girls from Oklahoma, Colorado, Nebraska, Utah, California, Wisconsin and North Dakota. They will be coached by Stephanie Skegas from Torrance, California.

Since 1963, People to People has sent thousands of young people abroad, helping to prepare them for their roll as responsible citizens and leaders. They offer student athletes the opportunity to play competitive sports abroad and the chance to see first hand the economic, political and cultural factors that influence the world community. Participants return home with a better understanding of world affairs and a heightened respect for this country.

For athletes and coaches, People to People programs are truly "once in a life time" experiences. Rachel expressed her thanks to all the people who helped her prepare for the trip They include her coaches, teammates, family and friends.

Gore Nursing Center news

By Joann McGrew

We want to welcome Jack Keck, Norman and Talitha Wilson to our facility. We are glad to have them as part of our family. We want to thank Bonnie, the owner of Bonnie's Flowers for welcoming our new residents with a special bud vase. This makes smiles and helps the new people settle in to their new homes easier.

We have had a very busy weekend here at our facility. It started on Friday afternoon with the Ritter Boys. Our residents had a great evening filled with enjoyment. We really appreciate having the Ritter Boys here. We were surprised at the residents that got up to dance. We had a blast.

Saturday afternoon the Backdoor Clogghoppers were here to dance for the residents. It had been awhile since they were here and the residents were ready for them. The residents enjoyed getting up to do the cotton-eyed jo with the cloggers. Thanks for coming over to clog for us.

Monday afternoon the residents met in the dining room for Bingo. This is one of their favorite weekly activities. Every resident leaves winning three prizes and they always enjoy themselves. The residents have requested to play Bingo every other Thursday also. This week they enjoyed bingo twice just like they requested .

Tuesday all of the ice cream lovers showed up in the dining room at 2:00 in the afternoon. We had a good turn out for the ice cream social.

We have started something new each month at our facility. Kathy Auger and her three Papillon dogs were here. Their names are Windy, Denise and Terry. The residents are really going to enjoy and benefit from having pet therapy every month. They are scheduled to come back on Wednesday, September 13 at 10:00 a.m. Our residents are looking forward to their visit. When visiting our facility, be sure to check out the bulletin board. We have pictures that we took the first pet therapy day.

Thursday morning we enjoyed taking a group walk with the residents. We couldn't believe how hot it had gotten by 9:00 a.m. We made the walk a short one but a little exercise is better than none. Right?

Also on Thursday morning we served their choice of lemon, grape and cherry flavored slush's. This made for a nice cool treat on a hot summer day.

Friday, of course, was hot buttered popcorn day. Friday just wouldn't be the same without popcorn.

We had a very busy week filled with a lot of fun. Not only did we have an afternoon group activity but also we met for morning exercises every day. This is also a good time for the residents.

The Jeffrey Hart Column

BY THE SEA

Now that summer has established itself, my wife and I will be heading for Kennebunkport on the Maine coast, which we have been visiting for at least the past decade.

Curiously, two of my favorite hotels are located at opposite corners of the continental United States: The Colony Hotel in Kennebunkport and the Hotel Del Coronado in Coronado Beach.

Both the Colony and the Del Coronado are very large, white, wooden Victorian structures. Both hotels are, so to speak, complete worlds in that with their shops, bars, dining rooms, swimming pools and assorted services you do not have to leave the hotel for anything you might want.

The fact that you can live entirely within these hotels is important, because both Kennebunkport and Coronado Beach have become unpleasantly crowded. Downtown Kennebunkport presents a hodgepodge of assorted shops, some inviting but most are on the tacky side, as well as a number of restaurants. Downtown Coronado Beach has given way to automobile traffic moving at alarming rates of speed. But who cares? Once inside either of the two grand hotels it's as if you pulled up a drawbridge between yourself and the hordes outside.

A very good impression of the Del Coronado can be gained from the movie "Somewhere in Time," starring Christopher Reeve and Jane Seymour — a good movie indeed, which travels back in time to the year 1912 at the grand hotel. This movie is insufficiently known, but it is easily available at video stores.

But this summer it's Kennebunkport and the Colony. The summer home of President George Bush is a short walk along the shore from the Colony. It is a relatively modest house but beautifully situated near the end of a small peninsula that sticks out into the Atlantic. Tourists gape at it from the coastal road, but there is no question of strolling onto the peninsula, which is heavily guarded.

The town of Kennebunkport is very much aware of the president. There are autographed photographs of him in the restaurants and hotels, and the managers and waiters seem well disposed toward him. This will be the first summer, however, since Gov. George W. Bush became a national eminence, and I imagine he will be visible here on occasion.

Gov. Bush, after a shaky start last winter in New Hampshire, seems to have positioned himself at the center-right, which to me seems to correspond to the national mood. He is also proving to be attractive on television. The "gender gap" has disappeared. In contrast, Vice President Al Gore is not coming across as an attractive individual. His attack mode suddenly seems to give way to a down-home persona, which in turn gives way to wonkery.

What Samuel Johnson famously said of taverns also applies to a good hotel. It is there for your pleasure and preferable even to visiting friends, where you will not necessarily get exactly what you desire. You are dependent of your host's decisions. So, off to Kennebunkport and the icy North Atlantic.

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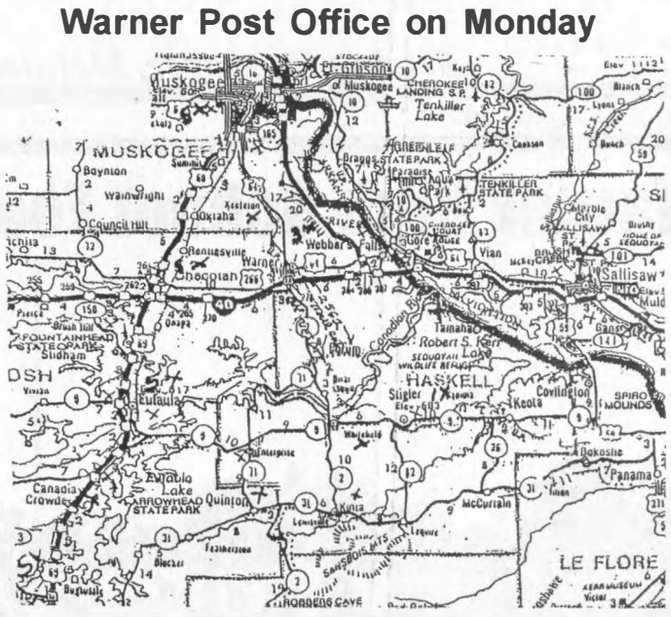

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Entertainment Extra by Evelyn Green

Q. Up here in Canada, we love our native son, Mike Myers. So I have to say I'm really upset that he seems to have gotten into legal trouble in the States over a movie. I haven't been able to get all the details, and I hope you can explain exactly what happened. Thank you. John W., Newfoundland.

A. Mike Myers, who has had nothing but success with the Austin Powers character he created for the big screen, hasn't fared so well with his "Saturday Night Live" creation, Dieter.

Myers was supposed to turn the black-clad monkey-toting Teuton into a film character via the proposed flick, "Dieter." The movie was scheduled to be Universal's summer 2001 blockbuster. However, Myers pulled out after production started saying he thought the screenplay was substandard and he didn't want to "cheat moviegoers who pay their hard-earned money for my work by making a movie with an unacceptable script."

Myers, who wrote the script, felt he needed more time to polish his work. The studio didn't agree. Hence the lawsuit.

So far, neither side is prepared to blink first, but insiders say the whole thing will be settled before the end of the year.

***

Q. I was stunned to hear on the radio that George Segal died. But I haven't read anything about it in the television columns or any word on whether they'll recast his role on "Just Shoot Me." Did I hear wrong or what? Sheryl L.

A. The George Segal mentioned in your local newscast was the famous American sculptor who passed away in June at the age of 75. The George Segal who stars in NBC's hit series "Just Shoot Me" is alive and well and has already started taping shows for the fall season.

***

Q. I would love to know the real reason Elizabeth Hurley broke up with Hugh Grant. I remember how she stuck with him when he was found with a prostitute in Los Angeles. She said they loved each other enough to overcome anything. So what happened [to cause them] to split? Angela McD.

A. According to the couple, they both felt they had drifted apart and, while they still love each other, apparently the love isn't strong enough for them to continue as housemates.

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Antiques by Ralph and Terry Kovel

Glass has been made in Italy for hundreds of years. About 1910, there was new interest in the glassmaking industry. Totally new, modern designs appeared. The Murano, Italy, glass industry began anew with Carlo Venini in the 1920s. He did away with delicate glass with curlicues and filigree, and turned to plain pieces with clean lines and color. Many creative artists added their designs to the Italian output, and by the 1950s, Murano glass was again famous worldwide. The glass vases and figurines made since the 1950s are selling for high prices today. A vase can cost several thousands of dollars if it is well-made and by a top designer. Bargains are still to be found because most pieces are unmarked and often unrecognized.

***

Q: I would like to know if dining-room furniture by Jacobean is of value. My set is about 80 years old.

A: Your set was not made by Jacobean. It was made in the Jacobean style that first became popular in England in the early 1600s. The furniture was made of carved, dark wood. Large balls were often used as feet. Many of the old styles were redesigned as "colonial revival" pieces that were suited to the 20th century. Dining-room sets included servers, buffets, large tables and other pieces that would not have been used in the 1600s. The decorating styles of the 1950s required straight lines and little carving, so the revival styles went out of fashion. They are just returning to favor, and the dining-room sets are selling well. Price depends on quality, importance of the maker and the condition.

***

Tip: Doormats at every door catch dirt and keep it from creating dust and pollution in the house. Shake out, wash or vacuum the mats frequently.

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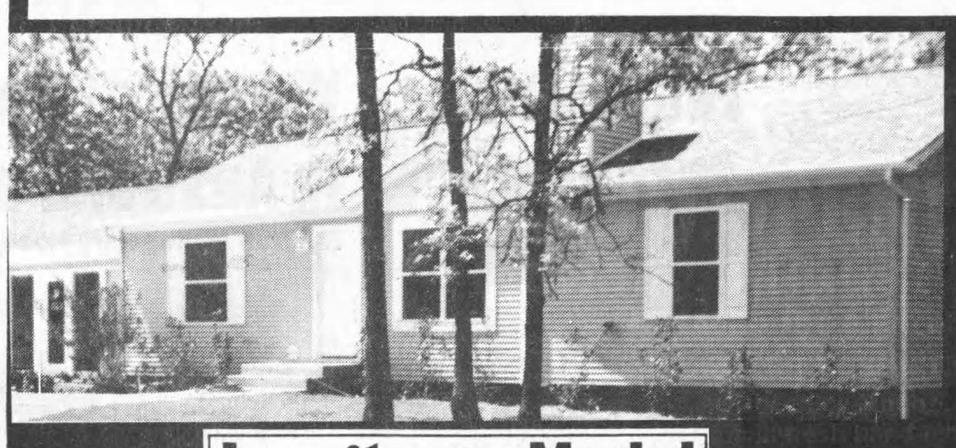
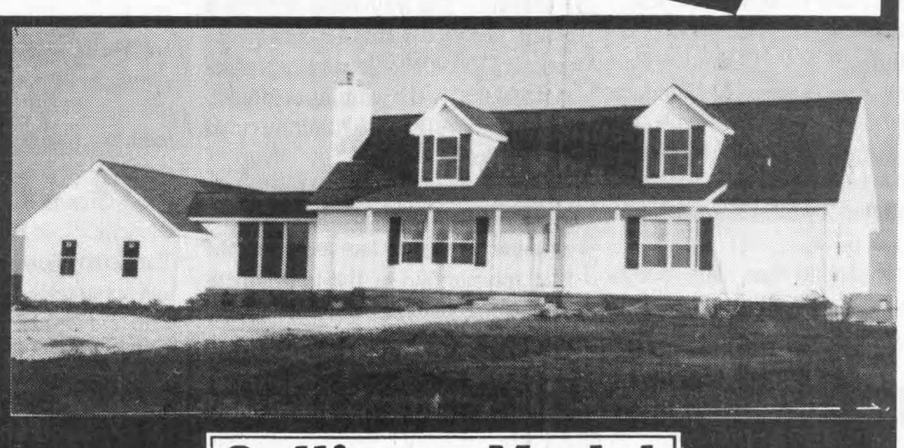


Longtown Model



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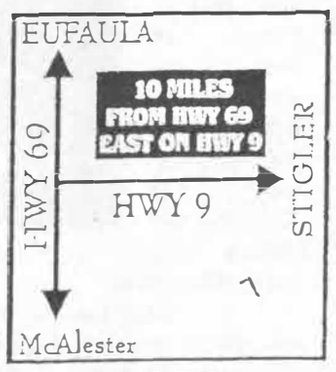

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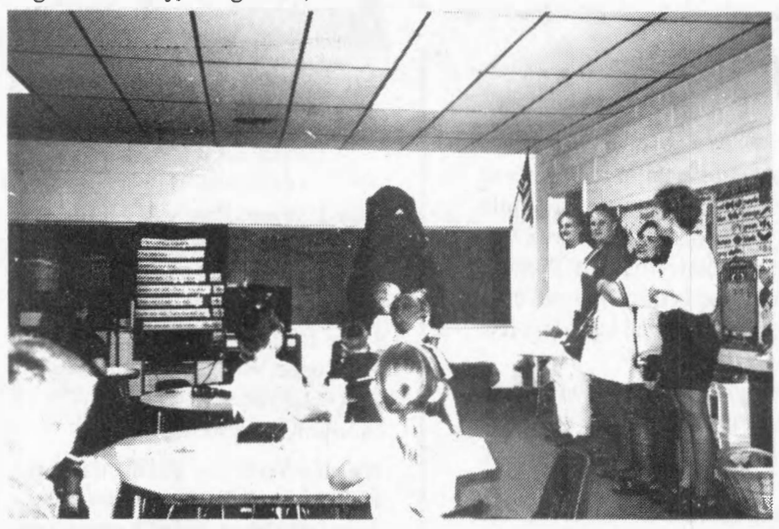

Warner Kindergarten students were happy to see Clifford, AKA Larry Oats. He came to their classroom to welcome them back to school. His S.T.A.R. helpers are shown passing out books to each child. The books were provided by Retired Senior Volunteer Program (RSVP) members. The class all said "thank you" in unison. (Photograph by Gary Head)

DONNA'S DAY: CREATIVE FAMILY FUN
By Donna Erickson

HEALTHY COOL-DOWN SNACKS

Illustrated by David Larochelle

Your kids will have a great time expressing their artistic side when they prepare these healthy and scrumptious cool-down snacks. Using the fresh fruit of the season and pantry basics, not only will they savor the tastes of summer, but they'll enjoy the aesthetics of design and color!

SUMMER FRUIT SOUP

Blend 1 cup blueberries and an 8-ounce carton of vanilla yogurt in a blender. Pour into a measuring cup with a spout. Rinse blender pitcher, then blend 1 cup strawberries and another 8-ounce carton of vanilla yogurt. Pour the mixture into another measuring cup with a spout.

Set an individual-size serving bowl in front of you. Place the two cups on either side and begin pouring to fill each half of the bowl with one flavor. Gently "slice" through the two flavors with a butter knife to create an interesting, colorful design. Chill and serve. Variations: Try other fruit flavors and color combinations, such as:

- Cantaloupe and honeydew
- Raspberries and boysenberries
- Peach and kiwi

FRUIT SOUP POPS

Follow the above directions for fruit soup. Instead of pouring mixtures into a bowl, layer them in small, plastic yogurt containers or small, paper cups. Set a plastic spoon into the center of each container, handle-side up. Freeze. Remove container/cup and serve.

For minipops, pour mixture into an empty ice-cube tray. Set spoons in the center of each section. Freeze.

Tip for preschoolers: When eating pops, poke spoon handles through the middle of a coffee filter to catch the drips!

***

Write to Donna and share your favorite family activities at her new Web site: www.donnasday.com. Watch "Donna's Day with Donna Erickson" on Odyssey, a Hallmark and Henson Network.

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WE COVER LOCAL NEWS

This is a Hammer
by Samantha Mazzotta

RAIN GUTTERS: WHY BOTHER?

Q. Why does my house need rain gutters around the roof? They seem like nothing but a maintenance hassle. — Derek M., Anniston, Ala.

A. Rain gutters handle the important task of shunting rain water (and melting snow) away from the house. Without gutters, that water would quickly seep under the house, creating all sorts of problems.

So, give your rain gutters plenty of TLC. Each fall and spring, put up your ladder (don't work from the roof — it's unsafe) and inspect them. Clear away debris with your hands and toss it onto the ground or a tarp. Clean the screens covering the downspouts, and replace any that are broken. Tug on the gutters as you work to check for loose sections.

Using a hose, run water through the gutter. If the water pools instead of heading straight for the downspout, adjust the gutter's angle by repositioning the nails or screws in the cross-straps that hold the gutter to the roof.

If the water pools at the top of the downspout, try clearing the clog by directing a strong stream of water from your hose down the spout. Run a plumber's snake (not a stick, which could break) all the way through the spout to clear it, then run water down the spout again.

Then, run water through the gutter one more time, and check for leaks on the underside. Patch small holes (1/2-inch or less) with roofing cement and a putty knife (make sure to completely clean and dry the area first). Use canvas or vinyl patches to patch larger holes, and secure them with roofing cement.

Finally, make sure that the water pouring from the downspout actually drains away. from your home. Do this by adding a spout extension. Some home-improvement experts recommend a 20-foot extension, which is fine if you have the space; attach a watertight plastic drainpipe to the downspout and run it away from the foundation.

If an extension isn't possible, guide the water away from the foundation by placing a grooved paving stone beneath the spout, or dig a channel six inches wide and three feet long, away from the spout, and fill it with gravel.

***

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is A Hammer, c/o King Features Syndicate, 628 Virginia Drive, Orlando, Fla. 32803.

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• For Latex or Oil Top Coat

7415
Exterior Latex Primer
$12.99 Gal.
Reg. $14.99
• Peel & Blister Resistant
• Adheres Tightly
• Fast Drying

3937-70
Interior/Exterior White Latex
$12.49 Gal.
Reg. $13.99
• One Coat
• High Hiding

VOTE
Robert James Perkins
Democrat for
County Commissioner
• District II •

If elected, I *WILL NOT* accept the $12,000 pay raise the former County Commissioners put on the taxpayers of Muskogee County. *I WILL* challenge the County Commissioners to rescind that vote.

Robert J. Perkins

√ No New Taxes
√ No Self Raises
√ No Bond Mortgage
Releases Until Paid Off

IT'S TIME FOR A CHANGE! TAKE A STAND AND VOTE FOR THE MAN WHO WILL GET THE JOB DONE.

If elected, I would require employees to work an eight hour day for eight hours pay.

I am a family man and I believe in doing what is right. I have a wife Jeyce, and six children. I serve as a Deacon with the Rayfield Baptist Church.

For information, please call collect (918) 687-5714, email at robert perkins@aol.com
or visit the website at www.robertjperkins.com

Paid for by Robert J. Perkins

PUBLIC NOTICE

Great Beginnings Day Care announces its participation in the Child and Adult Care Food Program. All participants in attendance will be offered the same meals at no separate charge and with no physical segregation of, or other discrimination against any participant because of race, color, national origin, sex, age, or disability. The Child and Adult Care Food Program is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, sex, age, or disability, write immediately to the State Department of Education, Child Nutrition Programs, 2500 North Lincoln Boulevard, Oklahoma City, OK 73105-4599 or the Secretary of Agriculture, Washington, D.C. 20250.

Senior Citizens
We have coffee
fresh doughnuts
50¢
every Tuesday,
Wednesday, Thursday

DandyHomes
CHECOTAH HOME CENTER

STARTING AT JUST $19,900!

STARTING AT JUST $19,900!

(918) 473-7777 • (877) 422-8622 Toll Free

• NEW SINGLES •

2000 16x80 Redman (3 bedroom, 2 bath, with appliances $19,999
2000 16x80 Redman (garden tub, mirror treatment, dishwasher) $24,999
2001 16x80 Redman (smart panel siding, side by side refrigerator) $28,999
2001 16x80 Redman (fireplace, swimming pool tub) $34,999

• NEW DOUBLES •

2001 32x46 Redman (upgrade appliances, 2x6 wall, glamour bath) $39,999
2000 32x56 Redman (4 bedroom, upgrade appliances, fireplace)..... $44,999
2000 28x68 Redman (2x6 walls, overhead air ducts) $54,999
2000 28x78 Heritage (LOADED), too many to list) $64,999

2222 North Broadway • Checotah, OK

Wetting his whistle

• Food for thought

This fellow who had spent his whole life in the desert comes to visit a friend. He's never seen a train or the tracks they run on. While standing in the middle of the railroad tracks one day, he hears this whistle - Whooee da Whooee! - but doesn't know what it is. Predictably, he's hit - but, only a glancing blow - and is thrown, head over heals, to the side of the tracks, with some minor internal injuries, a few broken bones, and some bruises.

After weeks in the hospital recovering, he's at his friend's house attending a party one evening. While in the kitchen, he suddenly hears the tea kettle whistling. He grabs a baseball bat from the nearby closet and proceeds to batter and bash the tea kettle into an unrecognizable lump of metal. His friend, hearing the ruckus, rushes into the kitchen, sees what's happened and asks the desert man: "Why'd you ruin my good tea kettle?"

The desert man replies: "Man, you gotta kill these things when they're small."

MORAL TO THE STORY: Wouldn't it be wonderful if we could all have the foresight to just look ahead in time of what we are doing today, and know how these actions will affect the rest of our lives?

Housing Authority of the Cherokee Nation (HACN)
presents
HOUSING INFORMATION SESSION
6:30 p.m., Tuesday, August 15, 2000
Community Center
121 High Street, Eufaula
•No Fee •Information will be provided to:
Business owners, property owners & social service agencies
• Interested applicants can apply for assistance
For More Information Contact:
Mary Ellen Morris, Welfare to Work Coordinator
1-800-482-4809 or (918) 456-8878

Turn The Page For More Local News

Announcements

MUSKOGEE COUNTY TRANSIT SYSTEM SCHEDULE

Driver, Evelyn Wooten
(918) 464-2413

8 am-2:30 pm: Porum to Muskogee, Monday and Thursday, 484-5323
8 am-2:30 pm: Warner to Muskogee, Tuesday and Friday 464-2413.
8 am-2:30 pm: Webbers Falls to Muskogee, Wednesday, 464-2413
Cost -$1.50 Round Trip.
Nutrition Route - District 2

Warner-Webbers Falls: Monday, Wednesday & Friday - 10:00-2:00. Porum-Webbers Falls: Tuesday and Thursday - 10:00-2:00. For more information, call (918)682-1721.

MEETINGSCHEDULE

WEBBERS FALLS LODGE
The Webbers Falls Masonic Lodge #14 meets on the second and fourth Monday of every month at 7 p.m. at the lodge building.

PORUM LODGE
The Porum Masonic Lodge #351 meets on the first Thursday of every month at 7 p.m. at the lodge building.

WEBBERS FALLS VFW
The Webbers Falls Veterans of Foreign Wars Post #4609 Auxiliary holds a bean dinner the second Friday of each month with the public invited to attend.

WARNER TOWN COUNCIL
The Warner Town Council meets on the first Tuesday of each month at Warner City Hall. Meeting time is 5:30 p.m.

FAMILY DANCE
Every Monday night, 7-10 p.m., Eufaula Community Center. Music by Ted Goforth and the Lakesiders.

AREA DEVOTIONAL PAGE

APOSTOLIC
First Apostolic Church of Shady Grove
463-3649
ASSEMBLY OF GOD
Destiny Chapel - 473-6670
Assembly of God - 689-2129
Assembly of God/Webbers Falls
464-2571
BAPTIST
Brush Hill - 473-5966
Deep Fork Indian Baptist
First Freewill Baptist - 473-5446
First Freewill Baptist - 689-4140
Elm Grove Baptist - 474-3238
First Baptist Checotah - 473-3238
First Baptist Eufaula - 689-2437

THE ILLUSTRATED BIBLE

Heed the Word of Jesus

"This is my beloved Son. Listen to him."
—Mark 9:7

Those were the words that Peter and James and John heard emanating from a cloud when they accompanied Jesus to the mountain where he became transfigured before their eyes. Obviously, the voice was that of God and the admonition he gave to his son's disciples has as much pertinence today as it did when first spoken. Jesus no longer is among us in flesh, but his spirit lives on stronger than ever. And certainly we have his words to draw on — the message of love, brotherhood, peace and faith in the eternal God that leaps forth from every page of the Testaments. There are those who doubt and deny, but the wise recognize truth and heed the words of Jesus as his heavenly father bade.

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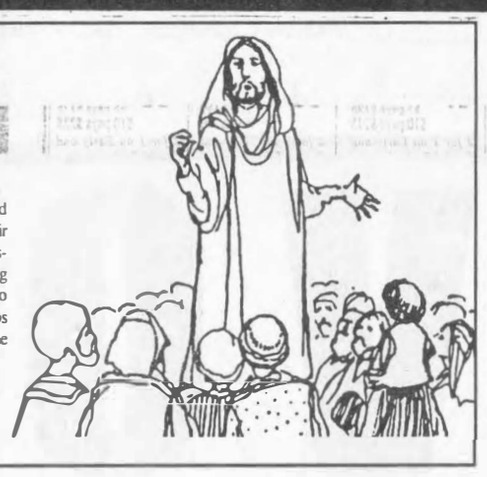

Hope Baptist - 473-2273
Lindsey Chapel Baptist - 689-5991
Mount Olive Star Baptist - 473-6963
North Fork Baptist - 689-7011
Sulphur Springs Baptist -689-2828
Eufaula Missionary Baptist Church - 689-3030
CATHOLIC
St. Paul's Catholic - 689-7345
CHRISTIAN
Checotah Christian - 473-2211
Christian Disciples of Christ - 473-5112
CHURCH OF CHRIST
Church of Christ 689-2186
Church of Christ - 473-5112

CHURCH OF GOD
Church of God - 689-2186
Warner Mountain Church of God - 473-4077
Checotah Church of God - 473-4077
EPISCOPAL
Trinity Episcopal - 689-2365
METHODIST
United Methodist -473-5714
United Methodist - 689-2109
LUTHERAN
Good Shepherd Lutheran - Eufaula
PENTECOSTAL
Crossroads Pentecostal Holiness 473-5438

Lighthouse Christian Center - 689-7757
United Pentecostal - 473-6103
Mission Outreach - 473-0193
Pentecostal Holiness - 473-6736
PRESBYTERIAN
Federated Presbyterian - 473-5112
OTHER
Faith Temple - 473-2808
Kingdom Hall - 473-5385
Longtown Full Gospel - 452-3481
New Life Tabernacle - 689-1777
New Life - 473-5452
Shady Grove Chapel -473-2493

CHURCH DIRECTORY

WARNER APOSTOLIC CHURCH
Pastor Dewayne McCall
705 Third Avenue, Warner
Sunday Evening 2:00 p.m.
Tuesday Night 7:30 p.m.- Thursday Prayer 7:30pm.
463-2773
Come Worship With Us!

PORUM CHURCH OF CHRIST
2nd & Cherokee, Porum, OK
Allen Lawson, Minister
Morning Bible Study - 10:00 a.m. , Morning Worship 11:00 a.m. , Evening Worship - 6:00 p.m.
Free! Home Bible Study
Call Today 918- 683-6633

PORUM ASSEMBLY OF GOD
Welcomes You!
Sunday School - 9:45 a.m., Sunday Morning 1: a.m.
Sunday Evening - 6:30 p.m. Wed. Evening 7 p.m.
Pastor Bobby R. Wingo
484-5408

WARNER UNITED METHODIST
Come Join Us!
Sunday School - 9:30 a.m.
Worship Service - 10:30 a.m.
Reverend Mary C. Irby

CHURCH ON THE WORD
WELCOMES YOU!
Sunday Morning 10:30a.m.- Wednesday Evening 7:00
Youth Wednesday Evening 7:00
Highway 64 - Warner, OK
Rev. Rennie E. Ohl, Pastor
489-2017

WARNER FIRST BAPTIST CHURCH
Larry Combs, Pastor
WORSHIP SERVICES
Sunday School 9:45 a.m.
Sunday Morning 10:50 a.m.
Sunday Evening 6 p.m.
Wednesday 7 p.m.
463-2380

WARNER FIRST ASSEMBLY OF GOD
WELCOMES YOU!
Sunday School - 9:45 a.m.-Sunday Morning 1: a.m.
Sunday Evening-6 p.m.-. Wednesday Evening-7:00 p.m.
Rev. Jerry Smith
463-2629

WEBBERS FALLS ST. JOSEPH CHURCH
109 Smith Street
Webbers Falls, OK
Sunday Mass - 11:30- a.m.
Rev. Jeffrey Polasek, Pastor

THIS DEVOTIONAL AND DIRECTORY MADE POSSIBLE BY THESE BUSINESSES WHO ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES

Puckett's Foods
Hwy. 64 & Zenith Road • Warner, OK
Open 7 a.m. - 10 p.m. Daily

Cowgirl's Drive-In
Highway 2 & College Road - Warner
463-2960

Warner Medical Pharmacy, Inc.
East on US 64 Hwy., Warner, OK
A.W. Collins, R.Ph • Dean Bloss, R. Ph
(918) 463-5195 After Hours-463-2357

Big Country Restaurant
Open 7 Days A Week • Sunday Buffet • Daily Specials
Truck Parking • Betty Pack, Owner
Hwy 2 • Warner, OK • (918) 463-5384

Hampton Mortuary
Conveniently Located at 211 W. Okmulgee
Checotah, OK (918) 473-6821
"Helping you into a new century with old tradition"

Advertise In This Space!
Call 918-463-2386 or 1-800-351-3438

Jack's Tire and Lube
Cooper TIRES
KUMHO
Brakes Shocks Mufflers
Jack Webster Owner
PO Box 386
Warner, OK 74469
918/463-5161

Advertise In This Space!
Call 918-463-2386 or 1-800-351-3438

Warner Flowers & Gifts
P.O. Box 221 • 804 1/2 N. Campbell • Warner, OK 74469
Sandy Edgar, Owner • (918) 463-2765

Lescher-Millsap Funeral Home
Muskogee
Millsap Funeral Service
Fort Gibson
Millsap Funeral Service
Webbers Falls

SRS, INC.
Feed, Seed, Fertilizer, Lumber & Building Supplies
P.O. Box 119 • Webbers Falls, OK 74470 • (918) 464-2212
Robert Ross & E.L. Sappington • Owners

Half Day Cafe
Corner of Campbell & Zenith Streets
Warner, OK • 463-2124

Advertise In This Space!
Call 918-463-2386 or 1-800-351-3438

Keefeton Auto Sales
Donald Jackson
Hwy. 64 South • South of Muskogee 10 Miles
(918) 989-5712

LaRue's Broken Rib Barbeque
Hwy 64 • 16 Mi. So. of Muskogee • 4 Mi. North of Warner
463-2698 • James Hopson, Owner
Hummingbirds are back!

Advertise In This Space!
Call 918-463-2386 or 1-800-351-3438

Your America
by Samantha Weaver and Amy Anderson

Some fell by laudanum, and some by steel,
And death in ambush lay in every pill.
— Sir Samuel Garth

Medicine and doctors: You can't live with them and, well, you can't live with them. At least not the kind of doctoring you will find in these fantastic museums for the medically minded.

Enter into the history of medicine if you will. From the days where anesthesiology meant biting the bullet — literally, and if the doctor couldn't fix it, he could always chop it off. Sometimes funny, sometimes scary, but always interesting, here are our picks for medical museum fun.

• **International Museum of Surgical Science and Hall of Immortals**, Chicago, Ill. (312) 642-6502. Housed in a historic mansion, some of this collection of weird and wonderful surgical instruments could have belonged to the Marquis de Sade. In addition to medicinal and surgical paraphernalia dating back to ancient times, this museum features many examples of tonics, tablets, pills and powders guaranteed to relieve any sense you might have had that medicine is boring. Donations accepted. You can also try their Web site, at www.imss.org, for more information, and leave yourself a bit of time to poke through the Interactive Antique Illness. It's great fun.

• **Mütter Museum**, Philadelphia, Penn. (215) 563-3737 ext. 242. This museum is an offshoot of the Philadelphia Physicians College. Made up of donations from fellows of the college and other physicians, this museum boasts more than 20,000 medical instruments, belongings of famous scientists, medical models and 900 fluid-preserved anatomical and pathological specimens. Eew — stuff in jars. The Mütter features regular and revolving exhibits, like the current one which examines conjoined twins. This is sure to be a can't-miss family favorite. Open daily; check their Web site (www.collphyphill.org) or call for hours, directions and admissions prices. P.S. Look for special coupons on the Web.

• **Museum of Questionable Medical Devices**, Minneapolis, Minn. (612) 379-4046. An unbelievable collection here by curator Bob McCoy. Devices invented and intended to cure all. This is a museum with hands-on displays. In fact, for a mere three bucks you can attempt to figure out your own mind with the phrenology machine — if you dare. Your reading comes complete with an interpretation, vocational counseling chart and a free postcard! Call for hours; they are open evenings during the week, with longer hours on Saturdays. There is no fee — just a donation. For a sneak peek at the goodies the museum has to offer, check out the Web site at www.mtn.org/quack — or buy the book Quack! Tales of Medical Fraud, available from Santa Monica Press.

***

If you know of an unusual and interesting destination or event, let us know! Our e-mail address is youramerica@mindspring.com.

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Dr. Toy
by Stevanne Auerbach, Ph.D.

Soft toys provide support to children at any time. Those that have additional value have educational or psychological themes. Here are some good choices:

• **Peaceables** from Peaceable Planet (6-12 yrs.) $7.99. (877) 473-2232. http://www.peaceableplanet.com. Among these cozy friends you will find an important purpose: an educational value in understanding the country or place that the animals are from. Among the variety of animals in the collection are a turtle from South Carolina, an alligator from Louisiana, a lion from South Africa, a camel from Egypt, a snail from France and a leopard from Kenya. The child will enjoy collecting these animals, and the hang tags provide extra educational information. The company's Web site, www.peaceableplanet.com, provides access to even more educational information and ideas for promoting peace and understanding. Half of the wholesale price of any of these products is donated to a non-profit organization.

• **Monster in My Closet with Book** from Rumpus (5-12 yrs.) $19.99. (888) 786- 7787. http://www.rumpustoys.com. This purple, wooly creature from Rumpus has bright orange hair, colorful shoes and a green vest. Children do have fears and bad dreams at night, so waking up to this friendly monster that can either hang in their closet, or be kept nearby to scare away bad monsters is a great idea. A funny and supportive storybook can be obtained separately for Monster in My Closet and is a great companion to this innovative soft toy.

Dr. Toy, Stevanne Auerbach, Ph.D., author; "Toys for a Lifetime" (Rizzoli) and "Dr. Toy's Smart Play" (St. Martin's Press) selects "Best Children's Products" for Dr. Toy's Guide http://www.drtoy.com.

More Local News Inside This Issue of the Five Star News

Sign up Tuesday for Warner Little League

Meeting and sign up for Warner Little League Football players and cheerleaders will be Tuesday, August 15 at the Warner High School football field at 6:30 p.m. Cost will be $45 for both players and cheerleaders. Age limit is as follows for players: They cannot turn 13 years old on or before October 1st. Anyone from 3rd grade up can play as long as they follow in these age guidelines. Copies of birth certificate must be turned in. The league will also require physicals on all players. If you live in Warner, Webbers Falls, Porum, Oktaha, Checotah or surrounding area you are eligible to play. For more information call Tobey Hadley at 463-5348 after 6:30 p.m. weekdays. We look forward to a fun and exciting football season.

If you want to write to us

The Five Star News encourages your input. However, we remind you that Letters to the Editor need to include the writers name, address and daytime phone numbers in order to be considered for publication. Anonymous letters or those without contact information will not be published.

Letters also must be limited to 250 words or less. Letters exceeding this limit will be edited down to 250 words or less. Letters whose writers forbid editing will not be considered for publication.

The deadline for all submissions is 4 p.m. Friday.

SENIOR CITIZENS OF WARNER

We have coffee & fresh doughnuts, 3/$1.00 every Tuesday, Wednesday & Thursday

Education Results 2000
by Sandy Garrett
State Superintendent

Regional 2000-2001 Teacher of the Year finalists honored

We all remember that favorite teacher - the one who went out of the way to make sure you did well on your spelling test, the one who stayed after school to help with your multiplication tables, the one who went above and beyond the call to help you learn. You know the one (or more than one).

From among nearly 200 local teachers of the year, twelve have been selected as regional finalists. One will be named Oklahoma Teacher of the Year.

The 12 finalists were chosen by a selection committee comprised of teachers, school administrators, PTA representatives and high school seniors.

All local Teachers of the Year will be honored Sept. 26 at the State Fair, where we will announce which of the twelve finalists will become the Oklahoma State Teacher of the Year.

This year's finalists represent the best Oklahoma has to offer. They are all outstanding educators and represent the entire state. They are:

• Debra Auten, Etta Dale Junior High School in El Reno;
• Frank Coble, Mustang Creek Elementary in Mustang;
• Deborah Cornelison, Byng Junior High School in Byng;
• Athaliah (Talita) DeNegri, Northeast Academy in Oklahoma City;
• Melanne Greenwood, Jefferson Elementary in Shawnee;
• Kasandra Lovell, Spiro High School in Spiro;
• Edna McMillen, Tahlequah High School in Tahlequah;
• Donna Parker, Washington Irving School in Edmond;
• Ann Tomlins, Oliver Middle School in Broken Arrow;
• Glen Walton, Nathan Hale High School in Tulsa;
• Joyce Wikoff, Altus Junior High School in Altus; and,
• Sandy Wolgamott, West Elementary School in Weatherford.

Major sponsors of the Teacher of the Year program include: the State Fair of Oklahoma, the Masonic Fraternity of Oklahoma, Cable Volkswagen/Subaru/Kia of Oklahoma City, Stillwater National Bank, Conoco, Inc., Bob Mills Furniture, AT&T Wireless and Chappelwood Financial Services.

Additional sponsors include American Fidelity Assurance Company, Apple Computer, Inc., Life of the Southwest Insurance Company, Oklahoma Historical Society, Oklahoma State University, University of Oklahoma, Scholastic, Inc. and School Vision, Inc.

For more information about the Teacher of the Year program call (405) 521-4527 or go to our web site at http://sde.state.ok.us.

And remember our goal at the Oklahoma State Department of Education is — First In The Twenty-First!

Classified Advertising Sells

Let's Play Bingo
August 2000
CHECOTAH INDIAN BINGO
830 North Broadway • 918-473-5200

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 CLOSED	14 GAME ROOM OPEN FROM 3 PM TO 11 PM	15 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	16 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs Senior Citizens Night	17 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	18 $5 pays $150 $10 pays $200 2 for 1 on Early and Special Packs	19 $5 pays $175 $10 pays $225 2 for 1 on Early and Special Packs
20 CLOSED	21 GAME ROOM OPEN FROM 3 PM TO 11 PM	22 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	23 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	24 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	25 $5 pays $150 $10 pays $200 2 for 1 on Early and Special Packs	26 $5 pays $175 $10 pays $225 2 for 1 on Early and Special Packs WINNERS CIRCLE NIGHT
27 CLOSED	28 GAME ROOM OPEN FROM 3 PM TO 11 PM	29 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	30 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	31 $5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	$5 pays $125 $10 pays $175 2 for 1 on Early and Special Packs	$5 pays $175 $10 pays $225 2 for 1 on Early and Special Packs

2 FOR 1 ON EARLY AND SPECIAL PACKS EVERY NIGHT
PROGRESSIVE HOT BALLS

BLACKWELL PLUMBING CO.
New Plumber in Town
But Not New to Plumbing!

We Do Plumbing Repair
***New Construction**
***Remodeling**
***Residential**
***Commercial**

Locally Owned & Operated by
Johnny Blackwell
30 yrs. experience
Licensed by Bonded for your protection

Cell Phone 918-630-1926
Home: 918-452-3712
Rt. 4 Box 2717 Stigler, OK. 74462

Vote For
Curt Working
Democrat
STATE REPRESENTATIVE DISTRICT 15

SENIORS: We need to provide additional monies for prescriptions, transportation and senior centers.

VETERANS: We need to fulfill our commitment to our veterans and provide them with proper medical care.

TOURISM: We need to provide additional funding and grants for roads and promotion of the lakes and land in-between.

STATE EMPLOYEES: We need to bring compensation up to the Regional level.

RURAL FIRE FIGHTERS: We need to provide a retirement plan and recruitment help for rural fire fighters.

JOBS: We need to attract small industry and tourism related business to our district.

The race is all about caring and working for all of the people in our district.
I have heard you speak of your needs and your vision for a better tomorrow.
I believe I am the candidate best able to help you meet those needs and visions.

I ask for your vote on August 22nd.

Curt Working
For a Ride To The Polls Call: 473-1443

Paid for By Curt Working, P.O. Box 43, Checotah, OK 74426

Countryside Estates news

By Mary Smith

We would like to welcome to our facility our newest residents. Lowell Lindsey and Wenonah Phillips. We are happy to have them with us.

We've had two of our residents in the hospital, but are back with us now. They are Gladys Settlemere and Inez Bogle. So glad that they are feeling better and back in the home.

We want to say happy birthday to those that will be celebrating their birthdays in the month of August 2000. We have seven that will be another year older. Those are: Ocie Addy, Murl Bass, Lois Perryman, Pauline Neves, Margaret Dawson, James Bingham, Coy Villines.

We had a lovely party for all of these Wednesday, August 9th. We want to say thank you to Renee Garvin and Charla Russell for baking the cakes. Also thanks to Ronelle Baker and Margaret Smithson for donating their time in playing Bingo with our residents following the birthday party. They were all winners and pleased with their gifts.

We have our birthday parties for our residents every second Wednesday of the month at 2 p.m. I would like to encourage each one of you to come be with your loved one and help celebrate their birthdays with them. We would love to have you.

Also we want to say thank you to Warner Flowers and Gifts for donating a corsage to each one of our residents that had a birthday. They were all so nice. Thanks to everyone for making a difference! Come visit us!

Reenactors to present Civil War effects on Indian Territory

FORT GIBSON - Fort Gibson Historic Site will present the fourth annual Civil War Candlelight Tours two successive evenings again this year on September 8-9 reflecting the growing popularity of this event.

The Candlelight Tours were expanded to two evenings last year, and growing numbers of visitors responded, said Chris Morgan of the Fort Gibson staff. Reenactors again will demonstrate the changes in Indian Territory during the Civil War and their effects on Native Americans.

Reservations are open and required, said Morgan.

About 125 reenactors from several regional states will present 12 short skits or scenes, said Program Director Whit Edwards of the Oklahoma Historical Society. The tours will begin at 7:30 p.m. and continue at 15-minute intervals to 9 p.m. with a fee of $5 per person.

"The Civil War scenes will illustrate life in Indian Territory, including Fort Gibson before and during the war," said Morgan. "They will reflect the early recruiting of soldiers for the Civil War, the support of the Confederacy by the five nations in Indian Territory and the split in which some tribal members supported the Union."

Morgan suggested that visitors dress comfortably for "walking some distances" between scenes. For reservations or information, contact the Fort Gibson Historic Site at 918-478-4088 or email at fortgibson@okhistory.mus.ok.us

Pet Care
by Peter Edwards

The increasing number of students going to summer school in recent years has caused many families to delay their vacation outings with their children. But now, with summer sessions over in most parts of the country, it's still possible to enjoy a wonderful family experience in a national wildlife refuge that will also be educational for the youngsters.

To get started, you'll need your binoculars, a camera, perhaps your fishing gear and the special "Great Outdoors" package made up of three informative publications from the U.S. Fish and Wildlife Service:

The first publication, "National Wildlife Refuges" includes a map and lists refuges that offer public recreational opportunities.

The second publication, "Conserving the Nature of America," shows you how the service protects the fish, wildlife and plants in more than 500 refuges.

The third publication, "Fishing Is Fun for Everyone" is an easy-to-read guide that provides a variety of information on fishing.

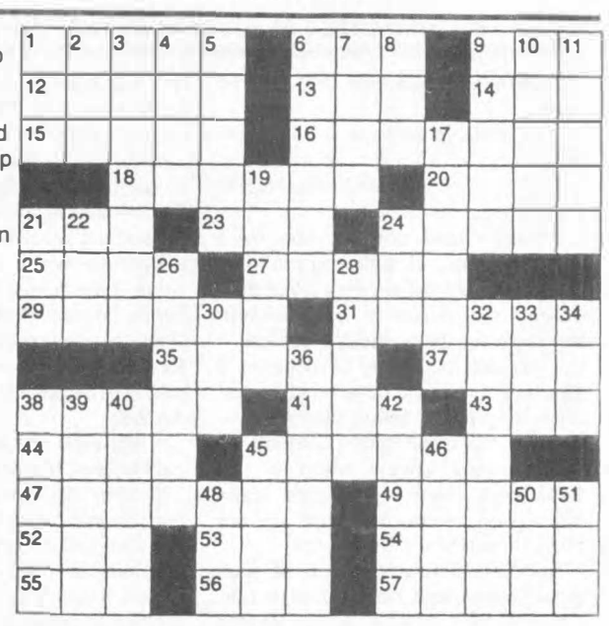
The Great Outdoors Package is priced at $1.50 (this includes all three booklets) and is available by calling (888) 8 PUEBLO (878-3256), weekdays 9 a.m. to 8 p.m. EDT. Ask for the "Great Outdoors" package and have your credit card handy. Or you can send your name, address and a check or money order for $1.50 to Federal Consumer Information Center, Great Outdoors, Pueblo, Colorado 81009.

***

To Roger E.: Forget about giving your dog tomato juice to change the chemical nature of his urine so that it doesn't burn your grass yellow each time he lifts his leg. It won't work. Try taking your dog for frequent walks so that he doesn't urinate in one spot all the time. Also try pouring about two gallons of warm water on the spot immediately to reduce the nitrogen concentration. Also talk to your nurseryman about planting grass that is more resistant to nitrogen's damaging effects.

Peter Edwards can be reached via email at letters.kfws@hearstsc.com or via snail mail at King Features Weekly Service, 628 Virginia Drive, Orlando FL 32803.

KING CROSSWORD



ACROSS
1 Shows up
6 Demure
9 West of Hollywood
12 Barbershop request
13 Exist
14 Conjunction
15 Plus
16 Dog that can't bark
18 Jim Carrey role
20 Booty
21 "The Greatest"
23 Wrestling win
24 Computer killer
25 Adroit
27 Dieter's entree
29 Flaw
31 Agency of the United Nations
35 Skinflint
37 Herring's kin
38 Florida city
41 Say it's OK
43 Wrath
44 Anne Nichols hero
45 Crudites selection
47 Wrinkly dog
49 Reached
52 Child
53 Scooted
54 The Baxters' maid
55 Geologic period
56 Spanish huzzah
57 Aligned

DOWN
1 Rebel org.
2 Cries of surprise
3 Large, shorthaired dog
4 For all time
5 Arrangement
6 Poolside structure
7 Stopover en route to Casablanca
8 Undeniably
9 Estate house
10 Pear variety
11 Tends texts
17 Leaves out (sounds)
19 Hazes
21 Continue talking
22 1-Down's leader
24 Forefront
26 Disposition
28 Dangled a carrot
30 KGB counterpart
32 Tibetan breed of dog
33 Jam ingredient?
34 Praiseful piece
36 "Ally McBeal" role
38 Sample
39 Detest
40 Mazda model
42 Stingy
45 Authentic
46 Go with the eagles
48 Expert
50 Ball-bearing item
51 Antiquated

Books by Ralph Hollenbeck

The Chief: The Life of William Randolph Hearst, by David Nasaw (Houghton Mifflin; $35)

W.R. Hearst, Sr. still had a few years of life left when I became a Hearstling, much to the chagrin of my grandfather, an avid supporter of F.D. Roosevelt, a prime editorial target of Hearst newspapers.

Ironically, Hearst had backed FDR and later would rein in more vitriolic columnists when they attacked Eleanor Roosevelt. Yet it would appear inevitable these two "mama's boys," scions of wealth who considered themselves self-made men, would fall out.

In "The Chief," Nasaw, of the Graduate Center of the City University of New York, has rendered a most balanced portrait of one of the greatest innovators in newspaper history. Hearst was a man of contradictions, as the author incisively notes in his introduction, and has been both damned and praised througout his lifetime. For example, Hearst was labeled the king of yellow journalism, yet he brought name writers to his publications — including Winston Churchill and Adolf Hitler. In addition, comic strips flourished in the Hearst press and through syndication worldwide.

The son of a barely literate mining promoter-cum-politician and a schoolteacher mother 20 years the junior of her roving husband, young Hearst developed an ambivalent nature that embodied the raw ambition of his wealthy father and the "Grand Tour" refinement of his doting mother. Even his long-term marriage weathered his decades-long alliance with actress Marion Davies. The early opinion of one relative — "He didn't care what the world thought" — would apply all his life.

There have been numerous bographies of Hearst, many by staff members, but only "The Chief," which draws on new sources, offers that magnificence that truly captures the media mogul.

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A Sporting View
by Chris Richcreek

Perhaps the greatest key to succeeding as an NFL quarterback is confidence.

To win, a quarterback must secure the confidence of his teammates and his coaches. He also must have near-certain confidence in his own physical and mental abilities.

With crucial days coming up at NFL training camps, four quarterbacks know that they must step up to ensure their respective teams' strong playoff hopes.

Brian Griese, the son of a Hall of Fame quarterback, has the added burden of following the legend of John Elway.

Last season, Griese demonstrated on the field that he had good physical tools and a firm grasp of the offense. But, there were questions as to whether his teammates believed in him.

The Broncos also have Gus Frerotte in case Griese does not succeed. This will likely be a decisive season for Griese.

Kordell Stewart is trying once again to prove that he can be THE quarterback in Pittsburgh. The management wants Stewart to succeed because a chunk of salary-cap money has been invested in him.

Yet Stewart has compiled two subpar seasons in a row as Pittsburgh's quarterback. Stewart's ability to lead his team to greatness is in question.

Stewart is a young athlete with great physical tools, but Kent Graham could be the Steelers' starter by midseason.

Daunte Culpepper is the great unknown in Minnesota, for he has yet to throw a regular-season pass. But he will soon, for the QB reins are slated to be held in his hands.

Culpepper, whose rookie season last year was spent learning the offense, has the advantage of throwing to star receivers Cris Carter and Randy Moss. But the former University of Central Florida quarterback has much to prove in the confidence area, despite the backing of coach Dennis Green.

Jake Plummer has the least worries of the aforementioned. The Arizona quarterback spent 1999 getting battered and bruised, but it did not deter him from what is viewed as a big career upside.

The Cardinals know they will go only as far as he can carry them. Despite a dismal quarterback rating of under 50 last season, Plummer is expected to bounce back on the confidence scale.

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Answer to King Crossword

C	O	M	E	S	■	C	O	Y	■	M	A	E
S	H	A	V	E	■	A	R	E	■	A	N	D
A	S	S	E	T	■	B	A	S	E	N	J	I
■	■	T	R	U	M	A	N	■	L	O	O	T
A	L	I	■	P	I	N	■	V	I	R	U	S
D	E	F	T	■	S	A	L	A	D	■	■	■
D	E	F	E	C	T	■	U	N	E	S	C	O
■	■	■	M	I	S	E	R	■	S	H	A	D
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A	B	I	E	■	R	A	D	I	S	H	■	■
S	H	A	R	P	E	I	■	G	O	T	T	O
T	O	T	■	R	A	N	■	H	A	Z	E	L
E	R	A	■	O	L	E	■	T	R	U	E	D

Good Housekeeping

BLACK BEAN & AVOCADO SALAD WITH CILANTRO DRESSING

A satisfying combination of summer veggies, romaine lettuce and black beans tossed with a creamy cilantro-lime dressing.

PREP: 30 minutes

MAKES: about 16 cups or 4 main-dish servings

Cilantro Dressing

- 2 limes
- 1/4 cup light mayonnaise
- 1/2 cup packed fresh cilantro leaves
- 2 tablespoons reduced-fat sour cream
- 1/2 teaspoon ground cumin
- 1/4 teaspoon sugar
- 1/8 teaspoon coarsely ground black pepper
- 1/8 teaspoon salt

Salad

- 1 small head romaine lettuce (about 1 pound), cut into 3/4-inch pieces (about 8 cups)
- 2 medium tomatoes, cut into 1/2-inch pieces
- 2 Kirby cucumbers (about 4 ounces each), unpeeled, each cut lengthwise into quarters, then crosswise into 1/4-inch pieces
- 1 ripe avocado, cut into 1/2-inch dice
- 1 can (15 to 19 ounces) black beans, rinsed and drained

1. Prepare Cilantro Dressing: From limes, grate 1/2 teaspoon peel and squeeze 3 tablespoons juice. In blender, place lime peel and juice with remaining dressing ingredients. Blend until smooth, occasionally scraping down sides of blender. Cover and refrigerate if not using right away. Makes about 1/2 cup.

2. Prepare Salad: In large serving bowl, toss romaine, tomatoes, cucumbers, avocado and beans with dressing until well coated.

• Each serving: About 230 calories, 9 g protein, 34 g carbohydrate, 10 g total fat (2 g saturated), 12 g fiber, 3 mg cholesterol, 520 mg sodium.

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Country Chatter
by Timothy Montgomery

On Aug. 17, TNN will telecast the Calgary Stampede with wrestling champion and Calgary native **Bret "The Hit Man" Hart** as host. Country stars who are scheduled to perform include another Calgaryan, **Paul Brandt**, along with **John Berry, Tara Lyn Hart** and **Farmer's Daughter**.

The Stampede, which is the oldest running rodeo in North America, started in Calgary in 1912 when the Canadian town was hardly more than a few buildings surrounded by open range land. It's since become a world-famous event drawing millions of visitors from the Americas, Europe and Asia every year.

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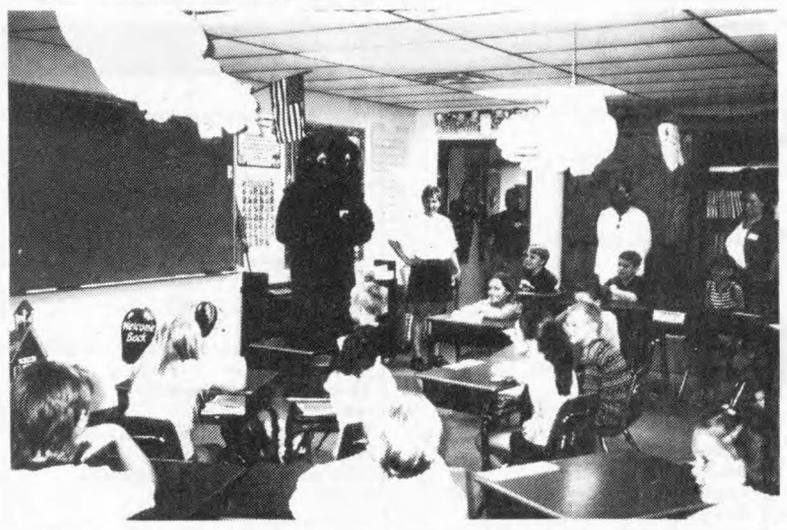
Builder/Developer: Gail A. Hiebert



Clifford, The Big Red Dog, is welcoming back to school the fourth grade of Webbers Falls. Clifford and his S.T.A.R. helpers gave out books provided by members of the Retired Seniors Volunteer Program. (Photograph by Gary Head)

Trivia Test by Fifi Rodriguez

1. TELEVISION: What was the name of the family featured in the series "High Chaparral"?
2. POP CULTURE: How old was actor John Belushi when he died?
3. ASTRONOMY: To which planet does the moon Europa belong?
4. POETRY: What is the name for a group of lines of verse?
5. GEOGRAPHY: On what continent is Lake Titicaca located?
6. GENERAL KNOWLEDGE: How many different colors are in a rainbow?
7. MOVIES: Who portrayed the title character in the 1980 movie "Popeye"?
8. LITERATURE: Who wrote "The Bell Jar"?
9. CHEMISTRY: What is the symbol for the metal tin?
10. SCIENCE: How many millions of years ago do scientists believe the last of the dinosaurs died out?

Trivia Answers

1. Cannons; 2. 33; 3.Jupiter; 4. Stanza; 5. South America; 6. Seven (red, orange, yellow, green, blue, indigo and violet); 7. Robin Williams; 8. Sylvia Plath; 9. Sn; 10. 65 million.

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InFoLinK by Bob Vogel

M.B. Kabay said in a recent CNN.com commentary that online gambling, at this point in its development and regulation, is a tax on low IQ. True, but with one exception: Taxes go to the government. Revenues from online gambling sites go to ... well, you know what they say about a fool and his money.

Recently, a bill was defeated in the U.S. House that would have banned most forms of Internet gambling, except pari-mutuel bets placed on horse racing, Jai-Alai and the like. The legislation, which required two-thirds majority for passage, was defeated by only 25 votes. It would have banned betting on sporting events, forbidden the sale of lottery tickets inside private homes and prohibited casino games over the Internet.

Why? Isn't gambling already illegal in most states? Most might also agree that Internet gambling, as it is currently practiced, is already illegal under the 1961 Wire Communications Act, a law that makes betting on sporting events over the phone illegal.

Supporters of the new bill say that it's necessary so that there is no room for doubt that a phone line, by any other name, is still a phone line.

Opponents, on the other hand, say that such a ban would be unenforceable, which is the same argument given for any bill seeking regulation of the Internet. Granted, most online casinos operate outside the U.S., which would make enforcement a task.

So, perhaps it's best just to ban online gambling altogether, because regulation would be an even bigger monster. Monitoring a blackjack table in Vegas is easy. Try monitoring the electronic goings-on of hundreds of virtual tables all over the country. Further, how could an online gambler trust the results of computer-generated pseudorandom numbers displayed on a browser page?

The Arizona State Lottery, for example, discovered in 1998 that no winning number in its Pick 3 game had ever included a single numeral 9. It turned out that the pseudorandom number generator had an elementary programming error. So any Pick 3 player who had played a nine was offered a reimbursement for the price of their losing lottery ticket — provided they were able to cough up the original ticket. Otherwise, tough luck.

It has now dawned on Congress that Internet gambling provides a loophole the size of Nevada for people who wouldn't gamble otherwise. After the state lottery lobby is satisfied or some other legislative finagling, the bill might actually get passed.

Until then, baby needs a new pair of shoes.

"Infolink" is written by Bob Vogel who is the Webmaster for Kingfeatures.com, King Features Syndicate's Web site, as well as the Editorial Technology Manager for Reed-Brennan Media Associates. You can write to him in care of King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803 or e-mail him at KFSInfoLink@aol.com.

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Obituaries

Jack Howard Shell

Funeral services for Jack Howard Shell, 68, of Gore, Oklahoma were at 2:00 p.m. Friday, August 11, 2000 at Pope Chapel Cemetery near Warner with Reverend Cardell Coppin officiating. Services and burial were under the direction of Millsap Funeral Service of Webbers Falls.

Mr. Shell was born July 31, 1932 at Jones, Oklahoma the son of Howard and Ethel (Blaylock) Shell and died Sunday, August 6, 2000 at Tulsa. He had been a resident of the Webbers Falls and Gore area most of his life. He served his country in the U.S. Army from January 11, 1955 to January 10, 1957. He was carpenter and construction worker.

Survivors include his children, Wayne Shell and Bobby Shell both of Oregon, Christie Shell and Cindy Shell both of California and Scott Shell of Gore, three stepsons, Steve Franco of Webbers Falls, Jeff Franco of Warner, Benjie Franco of Sapulpa, brother, James Scott Shell of Webbers Falls, five grandchildren and one great-grandchild.

Henrietta Helen Schulz

Henrietta Helen Schulz, 86 of Webbers Falls, Oklahoma was born April 12, 1914 in Chicago, Illinois, the daughter of Ludwig and Anna (Mocek) Siecik and died Thursday August 10, 2000 at Vian, Oklahoma.

Mrs. Schulz attended school in Chicago and was employed as a reservation agent for TWA Airlines. She had lived at Webbers Falls since 1993.

Mrs. Schulz was the cherished mother of Jacqueline Chandler of Webbers Falls and grandmother of Edward Chandler and his wife of Virginia Beach, Va. She is also survived by a sister, Martha Warych of Chicago and a nephew, Jerome Warych of Chicago, and two great nephews Danny and Jimmy of Chicago.

Funeral services were held in Chicago with local arrangements conducted by Millsap Funeral Service of Webbers Falls, OK.

Good Housekeeping

Accolades for Avocados

They are so much more than guacamole. Read on.

• **Nutrition.** New research indicates that the avocado is loaded with phytochemicals (naturally existing chemicals in plant foods), that can lower cholesterol and help prevent aging and certain cancers. In addition, an avocado contains vitamins C, E and B6, folate, potassium, magnesium, dietary fiber and monounsaturated fat — making it a nutritional powerhouse.

• **Ripening.** To ripen, keep the fruit at room temperature for about 1 week or until it yields to gentle pressure. The skin of the California varieties such as Haas will turn dark purple or black when ripe, but the skin of Florida avocados will remain green. You can speed up this process by placing an avocado with an apple in a brown paper bag at room temperature; the avocado will ripen in about 2 to 5 days. You can slow down the ripening time of an avocado by keeping it in the refrigerator; the avocado will ripen in about 1 to 2 weeks.

• **Storing.** A ripe whole avocado will last in the refrigerator for 2 to 3 days. You can also store a ripe avocado by mashing it with some lemon or lime juice (to prevent browning), pressing plastic wrap directly on its surface in a covered container, and refrigerating it up to 2 days or freezing it up to 2 months. (FYI: It's just a myth that storing mashed avocado with an avocado pit will prevent discoloration.)

• **Cutting and peeling.** Cut the avocado lengthwise around the seed, and then twist the halves in opposite directions to separate. Insert a spoon between the seed and the fruit, and use the spoon to remove the seed. Finally, slip the spoon between the skin and fruit and carefully separate the fruit from the peel.

• **Eating.** It may surprise you that an avocado can be served hot. (Slice the fruit and grill it, serve it diced in hot soups, or simply broil it for a few minutes.) Heating an avocado enhances its flavor and prevents it from browning without altering its nutritional composition. Also, if you don't have time to ripen an avocado, heating it will make it softer and more flavorful.

Add sliced avocado to your favorite sandwich or mixed green salad. Stir diced avocado into scrambled eggs, vegetable soup or chili. Served mashed avocado with baked potatoes, or spread on a piece of toast instead of butter.

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I have completed two courses at OSU in purchasing and budgeting and have received a certificate of achievement in both.

With the help of a professional staff and crew, we have been able to build two large bridges; a third is under construction, with two more in the engineering phase. We also have done several resurfacing projects throughout the district with matching grants and all have been accomplished within our budget.

I am proud to have had a part in the renovation of our courthouse; we have a summer youth work program and an ongoing brush program. We support our Volunteer Fire Depts. and our Senior Citizens.

There are improvements to be made throughout the whole district and I have scheduled many for the next four years. My crew and I are very well acquainted with the district.

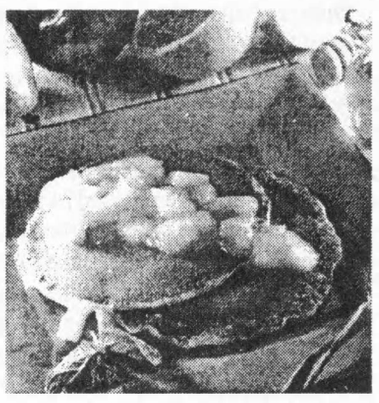
I would appreciate the opportunity to continue these with your support on August 22.

Visit Bruce at his website@ http://bcrittenden.homestead.com/crittenden.html
email @ sineroth@crosstel.net , or phone at 463-2389

Paid for By Bruce Crittenden

The Chopping Block
by Philomena Corradeno

In my family, we learned early on that pancakes aren't just for Sunday breakfast. They also serve well for an easy supper, whether they're pan-



cakes, griddle cake or hot cakes. Or, if you use a thinner batter, they become crepes suitable for a sophisticated first course, main dish or dessert.

Today we're looking at sauces as a change from butter and syrup. First, we have a honied fruity sauce; next, a maple syrup spiced with cinnamon and dotted with chopped walnuts; and last, a delicacy that's possible any season because canned berries are used.

For the pancakes, you may start from scratch with a basic recipe. Opt for a good packaged mix, or try our cornmeal pancakes for a different taste and texture.

CORNMEAL PANCAKES

1/2 cup all-purpose flour
1/2 cup cornmeal
3 teaspoons baking powder
1/2 teaspoon salt
1 cup milk
1 egg
3 tablespoons honey
3 tablespoons melted butter

In a medium bowl, combine flour, cornmeal, baking powder and salt; mix well; set aside. In a small bowl, combine milk, egg, honey and melted butter; mix well. Pour milk mixture into flour mixture; stir only until moistened (batter will be lumpy). Pour about 1/4 cup batter for each pancake into a hot skillet or on a griddle, over medium-low heat; cook until bubbles form on surface and break, and the edges become dry. Turn pancake and cook 2 minutes longer or until golden. Makes 8 pancakes.

HONEY FRUIT SAUCE

1 cup orange juice
1 apple, peeled, cored and diced
1 pear, peeled, cored and diced
1/3 cup honey
1 teaspoon grated orange peel
1 tablespoon cornstarch
1/4 cup water

Combine orange juice, apple, pear, honey and orange peel in medium saucepan. Bring to boil, reduce heat and simmer to 10 minutes or until fruits are tender. Dissolve cornstarch in water. Stir into hot mixture; cook and stir until mixture comes to boil; simmer 1 minute. Makes about 2 1/3 cups.

APPLE WALNUT SYRUP

1 cup maple syrup
1 large apple, peeled and thinly sliced (about 2 1/2 cups)
3 tablespoons butter or margarine 1/2 teaspoon cinnamon
Dash of salt
1 cup chopped walnuts
Squeeze of lemon juice

In saucepan combine syrup, apple, butter, cinnamon and salt. Slowly bring to boil, stirring. Reduce heat; simmer 8 minutes. Stir in nuts and lemon juice. Serve hot over pancakes. Syrup may be stored in covered container in refrigerator for several days. Reheat over low heat. Makes about 2 cups.

BERRY SAUCE

2 tablespoons sugar
1 tablespoon cornstarch
1 (17-ounce) can blackberries or raspberries OR 1 (16 1/12-ounce) can boysenberries
Water
1/4 teaspoon grated lemon or lime peel
1/8 teaspoon almond extract

Combine sugar and cornstarch. Drain berries, reserving syrup. Add water to reserved syrup to equal 1 cup; add to sugar mixture with lemon peel. Cook and stir until thickened; boil 1 minute longer. Add almond extract and berries. Makes about 2 cups. Serve hot or warm over pancakes.

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Health and Nutrition
by Judith Sheldon

Many people say they love fresh fruit, but don't know how to determine when the fruit is ripe enough to be picked and eaten. Here's a list of tips that you can use to help you make your choices:

• Apples: Choose firm-to-the-touch hard apples.

• Cantaloupe Melons: Use your eyes nose and hands to find a sweet melon. Look for one that is creamy yellow in color with gold colored background. Sniff for that telltale musky fragrance that indicates ripeness. The bottom should also yield slightly to pressure.

• Grapes: Grapes are ready to eat as soon as you buy them. Take them home rinse them, and enjoy them.

• Kiwi Fruit: If the kiwi is slightly soft to the touch, it is ready to be enjoyed.

• Mangoes: Choose mangoes that yield to pressure when you touch them and have a fruity fragrance at the stem. Color doesn't affect sweetness.

• Papayas: Look for fruit that is mostly yellow and just a little soft to the touch.

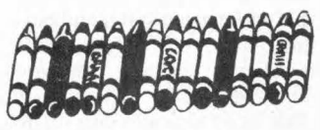
• Peaches: This wonderful fruit comes in several varieties, including at least two new ones. Peaches should be soft to the touch and have a fragrant "peachy" aroma.

• Pears: Look for fruit that is firm and unblemished. Pears ripen from the inside out, so press gently near the stem to see if they're soft and ready to enjoy. If you buy unripened pears, put them in a closed brown paper bag and leave them on your kitchen counter. Check each day to make sure they haven't overripened.

• Pineapples: Forget about color. A green pineapple can have as much sweetness as a golden one. But do look for one that has deep green leaves and looks fresh.

• Strawberries: Color counts. Look for bright red berries with fresh green tops.

Turn The Page For More Local News



It's Back to School Time! Have a Great Year!

OKLAHOMA calendar OF EVENTS
AUGUST 2000

FAIRS • FESTIVALS • CELEBRATIONS & CULTURAL EVENTS

2-5
Old Settler's Picnic, Velma
4-5
Sapulpa Fest, Sapulpa
4-6
Oklahoma Indian Nations Powwow, Concho
Kaw Nation Powwow, Kaw City
Gateway International Balloon Festival, Tulsa
5
Humbug Days Festival, Claremore
Summerfest, Vinita
6-7
Fall Cattle Festival, Guymon
7-12
American Indian Exposition, Anadarko
11-12
Balloon Fest, Oklahoma City
Pawnee Bill Memorial Smoke-off, Pawnee
12
Old Settlers Picnic, Buffalo
Blackeyed Pea Festival, Hollis
Watermelon Festival, Rush Springs
Oklahoma Draft Horse & Mule Field Day, Seiling
12-13
Powwow of Champions, Tulsa
15
Will Rogers & Wiley Post Memorial Observance, Claremore
17-20
Wichita Annual Dance, Anadarko
18-19
Caribbean Summer Fest, Oklahoma City
Urban League Family Fun Festival, Oklahoma City
Illinois River Balloon Fest, Tahlequah
18-20
Oklahoma Old Time Wardance Celebration, Lawton
19
Tatting Workshop, Kingfisher
101 Ranch Old Timers Reunion & Collectors Meeting - Ponca City
24-25
Harper County Free Fair, Buffalo
24-26
Grady County Fair, Chickasha
Hinton District Fair, Hinton
24-27
Ponca National Powwow, Ponca City
25-27
Bricktown German Fest, Oklahoma City
26
Payne County "Fairest of the Fair," Stillwater
Sucker Day, Wetumka
28-30
Woods County Fair, Alva
29 - Sept. 2
Payne County Free Fair, Stillwater
31
Lynn Riggs Birthday Celebration, Claremore
31 - Sept. 3
Labor Day Festival, Sand Springs

ART • CRAFT • ANTIQUE & HOBBY SHOWS

4-5
Bat Watching at Selman Cave, Woodward
12
Antique Car Show, Mangum
Cheap Date Festival & Classic Car Show, Wynnewood
15
Will Rogers Fly-In, Oologah
18-20
Castle Con - Historical Games, Muskogee
19
Arcadia Lake Sweep, Arcadia
19-20
Grand National Gun & Knife Show, Tulsa
24-27
Tulsa RV, Boat & Super Show, Tulsa
25-26
Oklahoma National Jr. Heifer Show, Elk City
25-27
Canadian Rivers Old Iron Club Tractor & Equipment Show, El Reno
Oklahoma Hunting & Outdoor Show, Oklahoma City
26
Gloss Mountain Cruisers Car Show/Cruise, Fairview
59 Cruizers Car Show, Heavener
Chevy-GMC Truck Show & Birthday Bash, Jenks
Car Show, Perkins
Art Invitational, Vinita

Gateway International Balloon Festival, August 4th - 6th, at the Occidental Center in Tulsa. • photo by Fred Marvel

EXHIBITIONS • MUSIC & THEATER PERFORMANCES

2-5
Grant's Bluegrass Festival, Hugo
5
Hank Williams Day, Choctaw
Jazz Concert in the Park, Lawton
Sequoyah Pottery Exhibit, Tahlequah
6
Oklahoma State Fiddlers Convention, Oklahoma City
6-13
Arturo Brachetti, Tulsa
9-12
Jazz on Greenwood, Tulsa
10 - Sept. 3
"Julius Caesar," Edmond
13 - Nov 26
The Triumph of French Paintings: Masterpieces from Baltimore, Tulsa
15-21
Arturo Brachetti, Midwest City
17-19
Seminole Gospel Sing, Seminole
19
Fairview Follies, Fairview
25-26
Midwest Bluegrass Festival, Harrah
Bluegrass Festival, Wilburton
27
Tom Labe, Lawton

HORSE & RODEO EVENTS

2-6
Hunter Jumper Horse Show, Oklahoma City
3-5
IPRA Rodeo, Holdenville
Seiling Open Rodeo, Seiling
5
NEOSHA Horse Show, Tulsa
5-6
Clearview Open Rodeo, Clearview
5-7
Roundup Club Rodeo, Stigler
5-9
Pawnee Bill Cattle Drive & Wagon Train, Pawnee
9-12
Lawton Rangers Rodeo, Lawton
10-12
Pawnee Bill Memorial Rodeo & Western Trade Show, Pawnee
Cimarron River Rodeo Stampede, Waynoka
11-12
Bullnanza, Oklahoma City
Okmulgee Invitational Rodeo, Okmulgee
D Ear Youth Rodeo, Skiatook
11-13
American Miniature Horse Show, Oklahoma City
Triangle Horse Sales, Shawnee
12
Palomino Horse Show, Tulsa
17-19
Freedom Rodeo & Old Cowhand Reunion, Freedom
18-20
Shootout Barrel Racing, Oklahoma City
19
Palomino Horse Show, Claremore
Green Country Fox Trotting & Open Gaited Horse Show, Tulsa
20
OK Pinto Horse Show, Tulsa
23-26
Will Rogers Memorial Rodeo, Vinita
24-26
Great Plains Stampede Rodeo, Altus
25-26
Great Salt Plains Stampede, Cherokee
Okemah Rodeo, Okemah
26
Lions Club Junior Rodeo, Buffalo
Cleveland County Free Fair Horse Show, Norman

SPORTING EVENTS

1-5
Grand National Moto-Cross Championships, Ponca City
19
Mohawk Park Walk, Tulsa
Gar Rodeo, Wister
24-27
The Oklahoman Open, Edmond
28
Red Earth Golf Celebration, Oklahoma City

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EDUCATION	High School	High School	High School	NSU - Bachelor Degree Major - Accounting Major - Criminal Justice
CLEET CERTIFICATION	Basic	Basic (Reserve)	Basic	Advance Certification
MILITARY	None	None	None	U.S. Navy (4 Years) 2 Tours In Combat Zones - Vietnam
EXPERIENCE	6 Years	Reserve Duty	8 Years	2 Years Norman Police Dept. 15 Years OHP State Trooper - Muskogee County 11 Years Lt. Troop "C" - Muskogee County

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Carl Rowan's Commentary

HAS THE GOP WISED UP ABOUT TAXES

WASHINGTON — The history of American presidential and congressional politics is replete with stories of favorites floundering in gamesmanship over "taxes." Both Republicans and Democrats have faced sudden disaster because they reneged on promises of "no new taxes" or were perceived to be the enemy of "the little guy."

The GOP is always advocating tax cuts, so you might think it would always win, given the argument of Senate Majority Leader Trent Lott, R-Miss., that "The American people are overtaxed," or the general Republican philosophy that whenever extra revenues are raised it ought to be given back to those who paid it.

Over the years, however, the Republicans have mostly gotten tagged as flint-hearted fat cats who want to use the tax codes to reward their wealthy friends.

But is 2000 the year in which the GOP has gotten too smart to shill for the super-rich and taken postures on taxes that defy Democratic efforts to say Republicans don't give a damn about ordinary Americans?

Who is out front campaigning for matrimony and "family values," and striking a blow against "shacking up" or living in sin, by trying to repeal "the marriage tax"? It's the Republicans, that's who, and they've got the Democrats scratching their heads as to how to head off what seems to be a justifiable money giveaway to simple little households seeking wedded bliss.

Never mind that the GOP has had to grow a colossal canard about the size and shape of the so-called marriage tax; it seems to be on the blameless side of a tax cut. Republicans seem to have convinced Americans that they desire only to stop the anti-family business of taxing a newlywed couple more harshly than the two marrying individuals were taxed as singe taxpayers.

Somehow, the Democrats haven't gotten across the reality that not all married couples pay a "marriage penalty." In fact, 41 percent do not! And a whole army of married couples who seem like key candidates to vote Republican actually get bonuses from being married.

But the GOP this year seems to have the Democrats on the run regarding other tax schemes. Not only have some Democrats felt compelled to vote to end the marriage penalty, but they have seemed compelled to join Republicans in voting to give huge new pension benefits to already-well-off Americans while doing nothing for those Americans who have no real pension protection.

This time, there are no draconian stories of Republicans shouting "tax and spend" and damning all Democrats. The GOP is simply repeating Democratic stories about how many billions of dollars of surplus money Uncle Sam will have in years ahead.

It is very hard for even the most hidebound Democrat to resist the argument that if money will soon be lying around like manna from heaven, something ought to be given back to the people.

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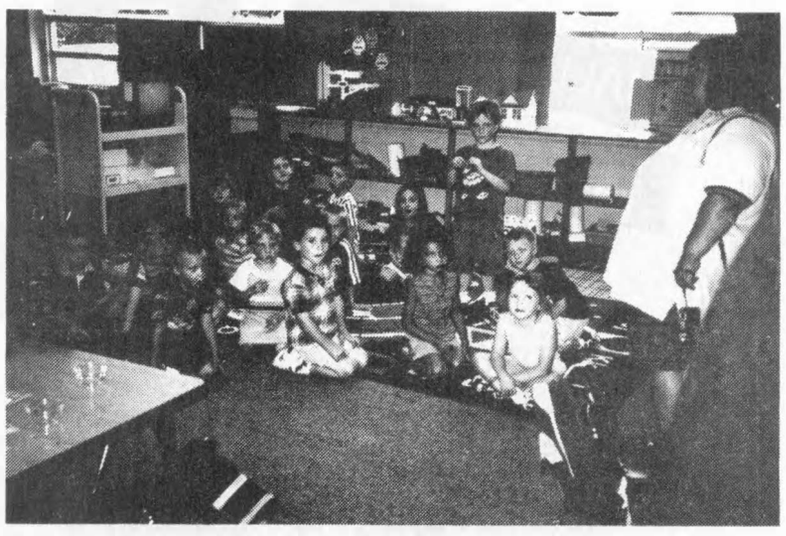

Porum Kindergarten kids got a big surprise and they loved it (and him too). Clifford, the Big Red Dog, came to their class last Friday to welcome them to school. His S.T.A.R. helpers passed out free books provided by members of the Retired Senior Volunteer Program to each child. Clifford got a big hug from every child. (Photograph by Gary Head)

Veterans Post
by Freddy Groves

The July 20 issue of "New England Journal of Medicine" carries a report by researchers at the Department of Veterans Affairs (VA) on the results of the largest study done on the screening of the entire colon for cancer in apparently healthy people.

These screenings were conducted at 13 VA medical centers around the country and involved the use of the colonoscopy, a procedure that examines the entire length of the colon instead of the more commonly used sigmoidoscopy which examines only the lower length.

Through the study, doctors found that 10 percent of the veterans examined already had colon cancer or serious precancerous growths. They also found that at least a third of these lesions would have been missed by a sigmoidoscopy. For more information on the colonoscopy procedure, contact your local VA medical center.

***

MUST-READS for Korean War veterans are James Brady's new novel "The Marines of Autumn," based on the former Marine lieutenant's experiences in Korea, and his newly reissued 1990 combat memoir, "The Coldest War." Brady makes us remember only too well that some 37,000 American troops died in Korea.

You can write to Freddy Groves in care of King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803 or send an e-mail to letters.kfws@hearstsc.com.

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Pastor Bobby Wingo and the congregation at Porum Assembly of God in Porum, Oklahoma, welcome everyone to enjoy a night of great gospel music with CHRISTLIKE. The service will be Saturday evening August 26, 2000 at 7:00 p.m. Come early for seating.

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Women At Work
by Tamara Jones

Two conservative House Republicans have joined with a liberal Senate Democrat to push for legislation that would require employers to tell employees if their electronic communications are being monitored in the workplace. This includes scanning or reading of e-mail as well as monitoring computer keystrokes, use of the Web and eavesdropping on telephone conversations.

This unusual threesome of political "bedfellows" are Rep. Bob Barr, R-Ga., and Rep. Charles Canady, R-Fla., who sponsored the House version of the legislation, and Sen. Charles Schumer, D-N.Y., who introduced a companion bill in the Senate.

"We would never stand for it if an employer steamed open an employee's mail, read it and put it back," Schumer told the press. "It's the same with an employee's e-mail."

Gregory Nojeim, an American Civil Liberties Union lawyer, says currently only one state — Connecticut — requires employers to tell their workers when they are being monitored.

"The vast majority of Americans are not even granted the common courtesy of notice if their employer eavesdrops," he said. "This legislation says to employers that if you are monitoring employees' electronic communications, make sure you notify them first."

The legislation would protect workers from being summarily fired for what the company might call the "misuse" of company telecommunication equipment. The New York Times, for example, fired 22 workers last year for passing around what was considered offensive e-mail. A month earlier, Xerox Corp. fired 40 workers for spending work time (in some cases, a full eight-hour day) surfing pornographic and shopping Web sites.

When the legislation is finally fine-tuned, it will probably allow companies the right to determine how the equipment is used and how much time is spent on non-work related matters. But at least, workers will know they're being monitored. And if they're not notified, they may be able to collect heavy money damages.

Write to Tamara Jones in care of King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803 or send an e-mail to letters.kfws@hearstsc.com.

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SMALL BUSINESS FOCUS®

BY JACK FARIS

OSHA's Prescription for Workplace Safety: More Paperwork, Less Prevention

Imagine this as the next "bold initiative" in the Administration's War on Crime: an executive order requiring all police departments to record and report to Washington each and every instance of jay-walking within their jurisdictions!

Outlandish? Certainly. But that hasn't kept the federal Occupational Safety and Health Administration (OSHA) from pursuing the same nit-picking, pencil-pushing approach to combating work-related injury and illness.

The story begins four years ago when OSHA announced it was going to revise its laborious record-keeping requirements. Two noble goals drove this initiative: (1) to make sure the agency collected accurate information on workplace injuries and illnesses so it could develop more effective countermeasures and (2) to improve out-dated record-keeping requirements and eliminate unnecessary paperwork requirements.

Yet, after laboring mightily at this task for four long years, OSHA has instead proposed cumbersome regulations that threaten to choke small businesses with more paperwork at even higher costs.

"OSHA seems to want employers to record every rash or blemish an employee may have at some time during the work day, every muscle strain or twinge—even if these ailments resulted from weekend gardening or softball," small-business owner Eamonn McGeady told the House Subcommittee on Workforce Protections earlier this month. "These proposed rules do not reflect the reality of the workplace."

The president of Martin G. Imbach, Inc., a family-owned and operated marine construction company in Baltimore, and a member of NFIB's Board of Directors, McGeady worries that OSHA "lost its way, badly" during its four-year odyssey in rule-making. Instead of streamlining record-keeping requirements, he says, the agency has proposed new criteria that will force employers to record more data than ever before.

Further, the agency's new insistence that employers document even the most trivial signs, symptoms or complaints of physical problems may well overwhelm the agency with data that will obscure rather than reveal truly important information that could help the agency track and prevent serious workplace health and safety problems.

"OSHA's clear mandate from Congress is to track and try to prevent serious injuries and illnesses in the workplace. How sunburn or poison ivy rash—both recordable under this proposed rule-making—meet that criteria, I do not understand," McGeady says.

The more time and resources OSHA requires business owners to devote to documenting cases of poison ivy and sunburn, the less time and fewer resources will be available for training workers to prevent serious accidents and illnesses. Indeed, the proposed rule even includes some direct disincentives for employer-sponsored prevention efforts. McGeady notes that he, like many other employers, now offers his workers flu and pneumonia shots. Under the proposal, those shots would be classified as "recordable injuries," and more pencils would have to be pushed.

Happily, OSHA has not yet finalized its rule. Having recently deferred its publication deadline until the end of the year, the agency still has a few more months to come to its senses and get the rule back on the path toward streamlined regulation and efficient data collection.

Just as the crime czar must focus on problems far more serious than jay-walking, so OSHA needs focus on helping employers prevent serious workplace injuries and illness. Forcing them to document every instance of "redness and swelling" misses that mark by a mile.

Jack Faris is president of the National Federation of Independent Business (NFIB), the nation's largest small-business advocacy group. A nonprofit, nonpartisan organization founded in 1943, NFIB represents the consensus views of its 600,000 members in Washington and all 50 state capitals. More information is available on-line at www.nfib.com.

This Sunday, attend the church of your choice

To Your Good Health
by Paul G. Donohue, M.D.

PAINFUL BLADDER CONDITION DISRUPTS LIFE

DEAR DR. DONOHUE: I don't understand the medical problem interstitial cystitis. My 32-year-old daughter has it. I understand it is uncommon, very hard to diagnose and hard to treat. I would like more information. My daughter is in a lot of pain. — M.V.

ANSWER: Interstitial cystitis is hard to diagnose and hard to treat, but it is not uncommon. An affected woman runs to the bathroom as often as every 20 minutes, day and night. Lower abdominal pain is a frequent complaint. Intercourse can become painful.

Doctors often mistake the condition for a bladder infection and prescribe antibiotics. Antibiotics do no good. Explanations for pain and frequent urination invoke two different theories. One says that the mucous lining of the bladder becomes pock-marked with pits. Urine bathes the bladder lining through those pits and is the source of pain. Others feel that this illness is one where the immune system turns on the bladder, inflaming and shrinking it.

Affected women should shun caffeine, alcohol, aged cheese, spicy foods, citrus fruits and tomatoes. Elmiron is a recent and welcomed addition to treatment of this puzzling ailment. Elavil, an antidepressant is prescribed in low doses for pain control (and not, here, for depression).

Doctors can introduce a soft, rubber tube into the bladder and distend it with water to increase bladder capacity. They can also instill DMSO — dimethyl sulfoxide, a chemical solution — to calm bladder inflammation.

I have addressed the above to women. Interstitial cystitis can torture men but not in the numbers that it tortures women.

Contact the Interstitial Cystitis Association to stay up-to-date on new information and treatment. Their number is: (800) 435-7422. From Canada, dial (301) 610-5300.

DEAR DR. DONOHUE: I had a brief affair with a nurse who works in a well-known hospital. Shortly after, I discovered that something was terribly wrong with me, and I focused on AIDS. I had a number of tests, and they all came back negative. Subsequently I discovered that this nurse had given me genital herpes and continues to do this to countless others.

Don't you think that the hospital or some health authority should be informed about this act of public mischief that this nurse is doing? — C.O.

ANSWER: I think that doctors, medical facilities and governmental agencies should honor patients' confidentiality. I don't think an employer or a branch of government should inform the public of an employee's or a citizen's health.

However, I think that a man or woman infected with herpes should inform partners of this communicable illness. They have an obligation to do so.

I also think that men and women ought to take every possible precaution in protecting themselves from communicable illnesses when they are sexually intimate with many partners.

* * *

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him at P.O. Box 536475, Orlando, FL 32853-6475.

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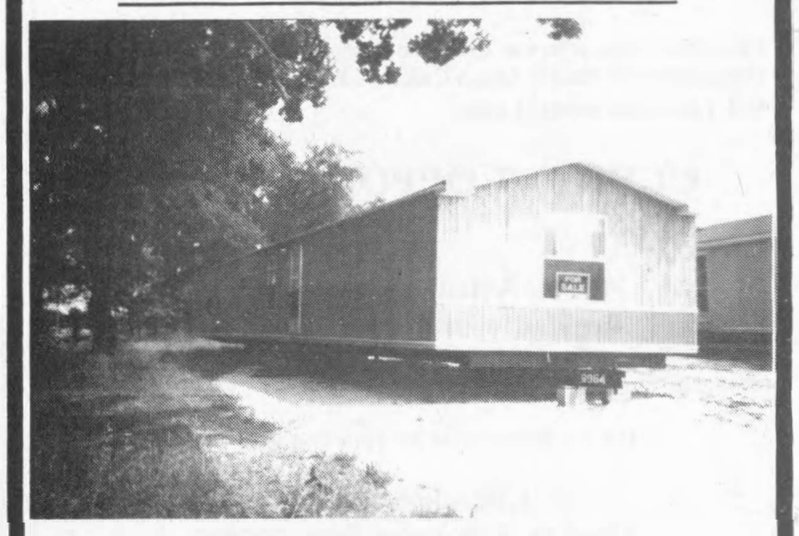

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FOR SALE: 1984 Ford V-6 motor, $450. '83 V-8 transmission, $200. 799-5667 between 6-9p.m.

FOR SALE: 96 Dodge Intrepid, 70,000 miles, 2nd owner, new tires, battery, extra clean throughout. 463-3701.

FOR SALE: 1 metal desk, 30"x60", $70. 463-2386.

FOR SALE: 1 metal secretarial desk, left return, 30"x60", $90. 463-2386.

FOR SALE: 1 metal 24" x 45" metal desk, $30. 463-2386.

FOR SALE: 2 metal, 2 drawer file cabinets, $20 each. 463-2386.

FOR SALE: Country home and approx. 10 acres. 10 miles South of Muskogee, Keefeton area. Six year old brick and cedar, 3 bedroom, 2 bath, 2 car garage, beautiful view, large porch area. Private, with lots of wildlife. $125,000. Owner will finance. 918-989-5309.

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FOR SALE: 1996 Ford Asper, 1 owner, A/C, auto, good tires, 19,600 miles, like new, good gas mileage. Would make an excellent car for a student. Pay off balance of $7,500 + $1,000. See at 506 3rd Avenue - Warner. 463-2702.

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FOR SALE: Used steel posts, cattle panels, heavy duty corral panels, 12' stock trailer, factory built flatbed for 3/4 T , & 1 new electric wench and stinger. 473-6379.

FOR SALE: Heavy iron drag for field. Welded rings for pulling. $65. 473-6203.

FOR SALE: Inside trampoline for $20. 473-6203.

FOR SALE: Pretty yard fountain, $180. Firm and worth it! 473-6203.

FOR SALE: 60 quarts blackberries cleaned and bagged and frozen. $1.75 qt. 473-6203.

FOR SALE: Old fashioned-iron garden plow antique, $25. 473-6203.

FOR SALE: 11 King Size Sheets, 2 sets. Rest mixed. $3 each. 473-6203.

FOR SALE BY OWNER: 3 bedroom brick home with 8 acres west of Whitefield, shown by appointment. 967-8980 or 967-5029.

WANT TO BUY: 5 to 10 HP gas or diesel engine water pump. 967-4413.

FOR SALE: 14X70 mobile home, 2 bedroom, 2 bath, good shape, must be moved. 689-4893.

FOR SALE: RCA cabinet color TV, 25", good condition, 6 years old. $100. 469-2249.

FOR SALE: 1986 1/2 Nissan Pickup, black, 5 speed, ext. cab, camper shell, A/C, sliding rear window, nice. $2,250. 423-5835.

FOR SALE: Hot Point electric Double Oven, self cleaning, needs cleaning, $175. 689-2077.

FOR SALE: 1 Bay Mare, broke, children can ride. Bred to an Overa horse. 16 mo. old reg. sorrell filly. Brand new shop made saddle, a horn, never been on a horse. 484-5824.

FOR SALE: Blue Heeler puppies from working parents. Current vaccination, $100. Call Mike 768-3533.

FOR SALE: 2 lots in Belle Starr Ranch. 689-9102 Day, 689-1704 Eve.

FOR SALE: Antique ice box, take actual ice to cool inside! This thing is pretty old. $275. Call Don 918-452-2736.

FOR SALE: 76 Honda Civic $650. 452-3714.

FOR SALE: 86 SW Silverado. 473-5037.

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FOR SALE: Wood splitter. Make appt. to start and see. Call anytime. Have message machine. 823-4725.

FOR SALE: Storm shelter 6x6x8. All steel, local. Free delivery. $1,795. 484-5860 or 484-2770.

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FOR SALE: brick home, 3 bedroom, 1 1/2 bath, storm shelter under den floor. Guest house, large barn with cement floor. Horse or dog pen with cement floor. 5 acres. Beautiful area on paved road in Stidham. Must see! 689-4144.

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FOR SALE: 1960 Dodge 1/2 Ton truck, 318 motor, AC added, runs and is in exc. condition. $2,500, OBO. Ask for Randy. 598-3323.

FOR SALE: Buckskin gelding, 5 years old. Kid broke. Excellent horse. 478-3534.

FOR SALE: 150 Sports watches. Brand new. 689-2866.

FOR SALE: Electric four seater McDonald's Merry Go Round. Works great. $800. 399-2341.

FOR SALE: 1996 Nissan 4x4 pickup. Excellent condition, $10,000. One owner. 967-4413.

FOR SALE: 30X90 lot in Checotah with 12 x 60 mobile home. Storage building, trees and fenced back yard. Clear title. No agents, serious inquiries only. $13,500. 473-5951.

FOR SALE: '88 Ford Bronco II 4x4, new tires, new transmission, clean. $2,800. 918-339-2341.

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FOR SALE: Golden tan Early American swivel rocker. $85. Call 689-2064 to see.

FOR SALE: '92 Dodge Club Cab and Truck. New tune up, runningboards, loaded, sharp, must sell. 458-0604.

FOR SALE: 1989 Lincoln Continental, fair condition, $1,000. 689-2492.

FOR SALE: 24' Charger pontoon, 100 hp, T&T, trailer, exc. condition, $3,995, OBO. 24' Aqua Patio Pontoon, 70 hp, T&T trailer, exc. condition, $3,500 OBO. Need to sell one. 689-5487

FOR SALE: 1992 Dodge Stratos 285XL boat with Evinrude 150 hp motor. Special addition model. Low hours. Call 484-5808.

FOR SALE: Porcelain dolls. Various sizes and prices. Exc. condition. 334-6104.

FOR SALE: Computer table with folding legs. 30 1/2"X4', $35. 334-6104.

FOR SALE: 1966 Cadillac Coupe De Ville. A classic, 428 cu. inch engine, $3,500 or trade. 473-6353. Call after 5 p.m.

FOR SALE: 54 bales of hay. Bermuda, fescue, fertilized and sprayed twice. 473-3055.

FOR SALE: '59 Ford, 1/2 ton. All original. $1,900. 799-5065 or 967-2678.

FOR SALE: 3 bedroom house on 5.3 acres with tire shop. Hwy. #9 west near Enterprise. 918-799-5797

FOR SALE: Large bales of hay. Just cut. Come and see. $22 per bale or take all $20 a bale. 689-5641 after 6 p.m.

FOR SALE: Original TY Beanie Nears. $25 each. 334-6104.

FOR SALE: RCA B&W 5" screen TV, am/fm clock radio, weather station, works good. $20. 334-6104.

FOR SALE: Redwood furniture with cushions, 2 chairs, 1 chaise lounge chair, $50 set. 334-6104.

FOR SALE: 3 bedroom, 2 bath, fully furnished double wide mobile home on 2 lots in residential area. Abuts Corps property of lake in rear, near ramp, 11/2 mile west 69 & Texanna. $27,500. Owner finance. 10% down. 689-5487

FOR SALE: 1990 Buick Regal, extra clean car, great mileage, well maintained. Sale price $3,250 or trade for S-10 or Ranger type pickup. 463-5395.

FOR SALE: 3 Bedroom, 13/4 bath, brick home with two car garage, storage building, and patio. 1 block from high school. 463-5508.

FOR SALE OR TRADE : 84 Olds 88, four door, power, air. For sale or trade for something of equal value. 464-7745.

FOR SALE: 1959 Edsel station wagon, rebuilt, good condition. Best offer. 473-2640

FOR SALE: Retiring from the vacuum cleaner repair business. Several makes of cleaner bag for sale. 1/2 price. 689-3087

FOR SALE: 1 pair dark brown mules, 15 hands, approx. 1100 lbs. Ride gentle, pull wagon, plow garden, etc. Selling due to health. 463-3701.

FOR SALE: Fullsize Mattress set, firm orthopedic, thick padding, new, unused, lists $799, must sell, $295 Cash. 918-686-8137.

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FOR SALE: 6 year old Registered Appaloosa Gelding, great trail horse for experienced rider. $1800. 918-423-3655.

FOR SALE: Bayliner Buccaneer 24' Sailboat, Roller furling Jib, 8 H.P., Mariner Motor, head, sleeps 4-6, many extras, can see on water. 918-452-3235. $7500 firm.

FOR SALE: English Setter pups - Teoka Mt. Sunrise, Amos Mosley blood lines, great pups $100 each. 473-3231

FOR SALE: Two 21/2 year old English Setter males, professionally trained, $750 each. 473-3231.

FOR SALE: 8' utility trailer, exc. condition, $325. 918-452-2078.

FOR SALE: Old Singer sewing machine, treadle, wood cabinet, exc. condition. 452-2078.

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FOR SALE: Farmall "A" tractor with brush hog, $2,200. 918-473-1717.

FOR SALE: Nice & clean 2 year old 36" Whirlpool white cook-top, $300 426-2850. McAlester.

FOR SALE: 1989 Ford Aero Star van, air, power steering and power brakes. $3950. 918-484-2186.

FOR SALE: Ty Beanie Beans, End Holiday, Groovy Wallace, Ty 2K. 918-689-4831.

FOR SALE: 1984 Chrysler New Yorker, 4 cyl., front wheel drive, runs and drives good. Lost title. 484-2504.

FOR SALE: 1 Lot - 40X70 with camper trailer. 1983 32', self contained, electric on lot. 580-298-5989.

FOR SALE: 1986 Ford 1 ton - automatic, 460 engine, 10' steel bed. $3000, 1986 Yamaha Virgo 700, $2000, Yellow Lab dog, $50. 918-799-5371.

FOR SALE: Good 4 speed transmission for S-10 pickup, other parts. $150. 918-484-2504.

FOR SALE: 1992 Plymouth Laser, light blue, needs work. See at 708 5th Avenue, $800. 463-2116.

FOR SALE: Square bale alfalfa, $2.60 a bale on field when bailing, $3.25 a bail in barn. 484-2872.

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FOR RENT: Cottonwood Apartments, Warner, OK, 1&2 Bedroom Apartments, CH/AC, $225/$245/$125 deposit. Call 918-463-2051.

FOR SALE: Trailer Park, 6 trailers - all rented, in Porter, $68,000. Call 918-483-2381.

FOR SALE: 1985 Chevy Suburban, rebuilt motor. 473-6476.

FOR SALE: Ford Jubilee tractor, very good condition. 683-1749. $3,500.

FOR SALE: 1991 Dodge Dakota ext. cab, am-fm cassette, tool box, long bed, $2900. 1-918-267-4191 or 689-2787.

FOR RENT

FOR RENT: One bedroom house, 115 NE Main, Checotah, $200 month, $150 deposit. 473-6062 or 473-6683..

FOR RENT: Two bedroom house, 717 Wineblood, Checotah, $300 per month, $150 deposit. 473-6062 or 473-6683.

FOR RENT: Two bedroom trailer, 212 e. Spaulding, Checotah, $300 per month, $150 deposit. 473-6062 or 473-6683.

FOR RENT: Two bedroom house, 612 E. Lafayette, Checotah, $300 per month, $150 deposit. 473-6062 or 473-6683.

FORRENT: Two bedroom trailer, 113 NE Main, Checotah, $200 per month, $150 deposit. 473-6062 or 473-6683.

FOR RENT: Two bedroom house, 506 Oak, Checotah, $300 per month, $150 deposit. 473-6062 or 473-6683.

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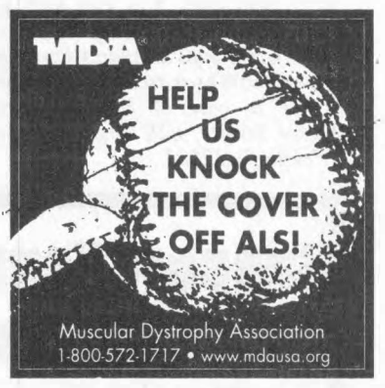

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Dollars and Sense
by David Uffington

PRACTICE SAFE HOME SHOPPING

There are lots of ways to shop at home — on the Internet, through mail-order catalogs, over the telephone, from the door-to-door salesman. It's convenient, but you should be aware of the risks, which can range from fraud to invasion of privacy and irresponsible vendors. Here are some tips for protecting yourself, provided by the Federal Trade Commission (FTC) in cooperation with other government agencies and consumer groups:

• **Know who you're dealing with.** Fraudulent people and companies masquerading as being reputable are increasingly taking advantage of consumers who shop from home. If you aren't sure about a vendor, ask friends, your local consumer protection agency, your state's Attorney General's office or the Better Business Bureau.

• **Protect your privacy.** Provide personal information only if you know who's collecting it, why and how it's going to be used.

• **Pay with a credit card.** If the product doesn't arrive or if you believe it was misrepresented to you, you're legally entitled to specific protections if you paid with a credit card. Also, if you have an unauthorized charge on your credit-card bill, your liability under federal law is limited to $50.

• **Think it over.** Don't act on impulse or buckle under to high-pressure tactics. Legitimate vendors won't push you to make an on-the-spot decision.

• **Keep records of your purchase.** Write down or print out information about the transaction, including the seller's name, address and phone number, plus the name of the person you spoke with. Get a complete transcription of the terms of the transaction, shipping, and handling costs, and the return policy if you're not satisfied.

• **Take extra precautions when shopping on the Internet.** Deal with a vendor that posts its privacy policies online and offers you options about how your personal information (such as details about your buying habits) may be shared or sold to other marketers. Look for symbols (such as a locked padlock or unbroken key) on the screen that mean the information you are sending is encrypted (or turned into secret code) and that your credit card information is protected.

If you can't resolve a dispute on your own, contact your state Attorney General's office, the Better Business Bureau or the FTCs toll-free help line at (877) FTC-HELP (382-4357).

Senior Service Line
by Matilda Charles

This year, some 1 million elderly and disabled Americans will be dropped by their HMOs as these organizations pull out of the Medicare program.

The Health Care Financing Administration (HCFA), which runs Medicare, responded to the news by announcing that Medicare recipients who are dropped will have to switch to another HMO by the year's end — if they can find one in their area that is willing to take them on.

If they can't find a Medicare-friendly HMO nearby, they will have to use the original fee-for-service Medicare plan. The problem with this alternative is that it lacks many of the benefits of HMOs.

The managed care industry claims its members are dropping out of Medicare because the agency is "overregulated and underpaid." Some observers say this is a bluff to force a raise in the payment rates that were previously lowered as part of an overall deficit-reduction plan. (At that time, government number-crunchers said the newly-reduced reimbursements would still qualify as more than adequate, but that adjustments might be made later on.)

Whether it's a bluff or not, President Clinton appears to agree that adjustments are in order at this time, and he plans to work with Congress to find more money for HMO reimbursements this year. He also plans to push Congress to enact his legislative proposal to modernize and strengthen Medicare.

This continuing erosion of faith between HMOs and their elderly and disabled members may remind some of how the insurance industry's well-financed advertising campaign consigned Hillary Clinton's admittedly-imperfect health care proposal into instant oblivion without allowing for time to work out its flaws. Instead, we were told that managed care would provide for all our health care needs. And we believed it.

P.S. For information about HFCA or any Medicare health plan available in your area, call (800) MEDICARE (633-4227). If you are hearing- or speech-impaired, call TTY/TDD: (877) 486-2048. You can also go online at www.medicare.gov.

You can e-mail Matilda Charles at letters.kfws@hearstsc.com, or write to her in care of King Features Weekly Service, 628 Virginia Drive, Orlando FL 32803.

Support Your Local Sports Teams

Top Of The Charts

Top 10 Pop Singles

1. **'N Sync** "It's Gonna Be Mine" (Jive) Last week: No. 4
2. **matchbox twenty** "Bent" (Lava) No. 1
3. **Vertical Horizon** "Everything You Want" (RCA) No. 2
4. **Aaliyah** "Try Again" (Blackground) No. 3
5. **Joe** "I Wanna Know" (Jive) No. 5
6. **Nine Days** "Absolutely (Story of a Girl)" (550 Music) No. 6
7. **Creed** "Higher" (Wind-Up) No. 7
8. **Destiny's Child** "Jumpin, Jumpin" (Columbia) No. 13
9. **Pink** "There You Go" (LaFace) No. 8
10. **Toni Braxton** "He Wasn't Man Enough" (LaFace) No. 12

Top 10 R&B/Dance Singles

1. **Jagged Edge** "Let's Get Married" (So So Def) No. 1
2. **Ruff Endz** "No More" (Epic) No. 2
3. **Avant** "Separated" (Magic Johnson) No. 4
4. **Donell Jones** "Where I Wanna Be" (Untouchables/La Face) No. 3
5. **Lucy Pearl** "Dance Tonight" (Overbrook Pookie) No. 5
6. **Next** "Wifey" (Arista) No. 7
7. **Carl Thomas** "I Wish" (Bad Boy) No. 6
8. **Nelly** "(Hot S**t) Country Grammar" (Fo'Reel) No. 8
9. **Da Brat feat. Tyrese** "What 'Chu Like" (So So Def) No. 9
10. **Sisqo** "Incomplete" (Dragon /Def Soul) No. 10

Top 10 Country & Western Singles

1. **Lee Ann Womack with Sons of the Desert** "I Hope You Dance" (MCA Nashville) No. 1
2. **Lonestar** "What About Now" (BNA) No. 3
3. **Rascal Flatts** "Prayin' for Daylight" (Lyric Street) No. 5
4. **Alan Jackson** "It Must Be Love" (Arista Nashville) No. 7
5. **Reba McEntire** "I'll Be" (MCA Nashville) No. 4
6. **Eric Heatherly** "Flowers on the Wall" (Mercury) No. 8
7. **Chad Brock** "Yes!" (Warner Bros.) No. 2
8. **Tim McGraw** "Some Things Never Change" (Curb) No. 9
9. **Jo Dee Messina** "That's the Way" (Curb) No. 10
10. **Dixie Chicks** "Cold Day in July" (Monument) No. 11

Top 10 Video Rentals

1. **The Green Mile** Tom Hanks (Warner Home Video) No. 3
2. **Girl, Interrupted** Winona Ryder (Columbia TriStar Home Video) No. 1
3. **Deuce Bigalow: Male Gigolo** Rob Schneider (Touchstone Home Video) No. 5
4. **American Beauty** Kevin Spacey (DreamWorks Home Entertainment) No. 2

JODIE FOSTER IN "ANNA AND THE KING"

5. **Sleepy Hollow** Johnny Depp (Paramount Home Video) No. 4
6. **Anna and the King** Jodie Foster (FoxVideo) No. 8
7. **Man on the Moon** Jim Carrey (Universal Studios Home Video) No. 9
8. **Being John Malkovich** John Cusack (USA Home Entertainment) No. 6
9. **Fight Club** Brad Pitt (FoxVideo) No. 7
10. **Bicentennial Man** Robin Williams (Touchstone Home Video) No. 20

Top 10 DVD Sales

1. **Jaws Anniversary Collectors Edition Dolby** (Universal Studios Home Video) New Entry
2. **The Hurricane** (Universal Studios Home Video) New Entry
3. **Independence Day** (FoxVideo) No. 1
4. **The Green Mile** (Warner Home Video) No. 3
5. **Scream 3** (Dimension Home Video) No. 2
6. **Boiler Room** (New Line Home Video) New Entry
7. **My Dog Skip** (Warner Home Video) New Entry
8. **Jaws Anniversary Collector's Edition** (DTS) (Universal Studios Home Video) New Entry
9. **The Matrix** (Warner Home Video) No. 5
10. **Star Trek II: The Wrath of Khan** (Paramount Home Video) New Entry

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Sports Quiz
by Chris Richcreek

1. Who was the "victim" when Nolan Ryan set the record for career strikeouts by a pitcher?

2. How many games during the National League Championship Series in 1999 went into extra innings?

3. When O.J. Simpson rushed for 2,003 yards in 1973, what was his average yards per carry?

4. True or false: Rick Barry once led Division I men's college basketball in scoring while at the University of Miami (FL).

5. Before this season, what was the highest overall pick used to select a goalie in the modern history of the NHL Draft?

6. How long did Leon Spinks hold the heavyweight boxing title after beating Muhammad Ali in February of 1978?

7. Which horse was the last "favorite" before Fusaichi Pegasus this year to win the Kentucky Derby?

Answers:

1. Montreal's Brad Mills became strikeout victim No. 3,509 in 1983; 2. Two. The Mets won Game Five in extra innings against Atlanta but lost Game Six; 3. Simpson averaged six yards per carry; 4. True. Barry averaged 37.4 points a game in 1964-65; 5. The New York Islanders took Robert Luongo with the fourth overall pick in 1997. This year, the Islanders took goalie Rick DiPietro with the first pick; 6. Spinks held it for seven months before losing it back to Ali; 7. Spectacular Bid in 1979.

For Sanity's Sake
by Taprina Milburn

Mailbox Surprise

I eyed the corner of the cream-colored, linen-weight envelope poking out from under the gas bill and this month's issue of Southern Living.

Right away, I recognized the handwriting, though it had been about a year since I'd received a piece of mail from this particular friend. Her writing was perfect; the kind used as how-to examples in third-grade penmanship class. I loved seeing my name in her handwriting. All swirls and loops.

To tell the truth, I love seeing my name written in anyone's handwriting these days.

Since the arrival of e-mail, ink-mail (at least in my mailbox) has dried up. My friend and I have used e-mail to keep in touch, but when she asked me what I wanted for my birthday, I told her I wanted a real letter.

"The kind we used to send in the old days," I said.

"Snail mail? I don't have time to write letters anymore," she tried to convince me.

Well, it took her four months to find the time to catch me up, in detail, on what's going on in her life. Touching a pen to paper helps you think of the meat and potatoes you might otherwise leave out in an abbreviated, clipped e-mail note.

When I finished reading it, I felt comfortably satiated, as if I'd indulged in a favorite Sunday afternoon meal.

Am I proposing we abandon e-mail communication? Or throw our computers out the window? Heck no.

I depend on the split-second technology we're immersed in. My kids wouldn't understand a life without cell phones, computers, Internet, and e-mail.

But a friendship requires a slower pace, a little lingering. Sometimes it's a phone call or an hour or so at a coffee shop. If you're lucky, it's a letter in your mailbox, addressed to you in handwriting you recognize.

It's the next best thing to a hug.

If you have questions, comments or anecdotes to share with Taprina, you can send a letter in care of King Features Weekly Service, 628 Virginia Drive, Orlando FL 32803, or you can e-mail her at letters.kfws@hearstsc.com.

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